

Meals on Wheels and Senior Outreach Services

Pancake Breakfast Resource Fair and Boutique

to benefit our Fall Prevention Program
in partnership with the Pleasant Hill Senior Center

Sunday, September 7, 2014

The Pleasant Hill Senior Center
233 Gregory Lane, Pleasant Hill, CA 94523

8:30 am - 10:30am

Raffle Tickets for Sale
www.mowsos.org
\$5 each or 5 for \$20

Kids under 4 - Free
Ages 4 - 10 - \$3
Ages 11 and up - \$5

For sponsorship information,
tickets or to donate
please contact Carol Louisell
Director of Community Engagement

(925) 954-8736



September 7th is Grandparents Day!

Come out and celebrate Grandparents Day and support the MOWSOS Fall Prevention Program.

Thank You to Our Sponsors

Tall Stack Presenting Sponsors



Platinum Pancake Sponsors

- ◆ 24Hr HomeCare
- ◆ Addus HealthCare
- ◆ AseraCare
- ◆ Chateau of Pleasant Hill
- ◆ Courtyards at Pine Creek
- ◆ Safe at Home
- ◆ Tender Heart Home Care