



# Media Kit

Dr. Elvira Beracochea

Founder & CEO  
Realizing Global Health

# About Dr. Elvira Beracochea



Founder, President and CEO of Realizing Global Health (formerly MIDEGO), Dr. Beracochea leads the organization's work and inspires her colleagues to achieve more in global health by designing innovative solutions to global health care delivery problems. Also a gifted author and coach, she is guided by the vision that every person has the right to equitable services that protect, promote and restore health. Dr. Beracochea believes that rights-based approaches (RBAs) to public health are the solution to achieving more in global health. Known to her peers as a mentor, Dr. Beracochea has more than two decades of experience as a physician, international health care consultant, hospital manager, health policy advisor, lecturer, researcher, and mentor.

Dr. Beracochea represents Realizing Global Health at domestic and international forums as an advocate for innovative responses to global health challenges. She has served on the board of Christian Connections for International Health (CCIH). She has also served as Section Secretary and member of the International Human Rights Committee and was honored with the 2009 Distinguished Section Service Award for her outstanding contributions to the International Health Section of the American Public Health Association. In November 2014, she was presented with the 2014 Mid-Career Award of the International Health Section from the American Public Health Association where she is also Chair of the Community-based Primary Health Care Working Group. She is co-chair of the International Health and Nutrition work group of the Society for International Development (SIDW) in Washington and Membership co-chair in the Small Business Association of International Companies (SBAIC).

Her work is expansive and has led her to more than 60 countries. Before establishing Realizing Global Health (originally as MIDEGO), Dr. Beracochea was a Principal Associate in the Center for Pharmaceutical Management and Center for Health Services at Management Sciences for Health (MSH). Her early career included serving as a hospital manager at the University Hospital in Uruguay and lecturing in epidemiology and biostatistics at the University of Papua New Guinea. Dr. Beracochea also served as a Health Policy Advisor in the Department of Health in Papua New Guinea. She currently teaches epidemiology at George Mason University in Fairfax, VA. She received her MD from the Medical Faculty of the University of the Republic of Uruguay and her MPH from the School of Public Health and Community Medicine at Hadassah Hebrew University in Israel.

## About Realizing Global Health

Realizing Global Health (RGH) is a global health consulting firm, partnering with governments, world leaders and health professionals, to improve how healthcare is delivered, in order to improve the quality and quantity of health care services worldwide. It began as MIDEGO in 2005. Led by Dr. Elvira Beracochea, RGH achieves its mission through strategic planning, project management, local solutions, health system strengthening, global health six sigma, publishing, and online training and coaching of health professionals. Fully dedicated and committed to finishing the job and realizing the United Nations Millennium Development Goals, RGH believes that safe public health systems and quality health care delivery can be realized now, across the globe. When given the opportunity, every country will succeed in establishing, delivering and maintaining an effective self-reliant, public health system. As such, we can prevent and eliminate unnecessary deaths worldwide, by improving the standards, as well as the cooperation, collaboration and communication of all stakeholders. The solution is simple, proven, affordable procedures and standards, standards that all 1st world countries assume every day. RGH consults, educates and empowers countries, organizations and health professionals worldwide, through solutions that address systems, standards and support to develop and maintain efficient, effective and

sustainable healthcare, with lower costs than most development projects today. Through its Strategic Solutions, the RGH Practice Model™ and RGH Online University, nations and communities are empowered to realize quality healthcare, which is every person's birthright. It is that simple.

# How We Work

At Realizing Global Health (RGH) we want our clients to achieve results that are consistently met and sustainable over the long-term. We've discovered that carefully designed improvement projects allow solutions to be transferred to the client and integrated into their own health programs and the country's health system so they can deliver quality healthcare. This gives our clients ownership of the improvement process and the solution, and best of all they become independent of assistance. This is our vision of success at RGH.

## Government Agencies

The RGH System™ will empower government agencies to:

- Identify the strengths of each component of the health system by using effective measurement tools, planning projects that build on the strengths of their country's health system and demonstrating progressively consistent and sustainable results.
- Enhance accountability by defining the results the health system will achieve as a result of the donor's support and from the effective coordination with all stakeholders in the country.
- Improve health facility governance and oversight by implementing effective and well-defined steps and tools to assess, implement and monitor health facility performance.
- Improve health care delivery at all health facilities by implementing and monitoring quality standards and efficient processes that deliver pre-defined, predictable and consistently progressive deliverables every quarter.
- Improve results of health programs by strengthening health education and promotion programs, disease prevention programs and disease control programs through effective planning, coordination and implementation tools and sustainable procedures.

## Foundations, Donors, NGOs and Global Health Experts

RGH Consulting System™ will empower foundations, donors, NGOs and global health experts to:

- Make country ownership THE priority with tangible outcomes aligned with country's policies and health goals.
- Define criteria and measures for success with checklists to take the guesswork of global health improvement interventions.
- Plan and align results with existing efforts with practical templates and effective procedures.
- Get started right since project start-up is the most important stage in a project it must harmonize its activities with the local health programs and other complementary projects and organizations.
- Account for progress and results with tools that allow to measure contribution and attribution of coordinated multi-partner interventions.
- Immediately share priority health information countrywide by packaging and distributing results and findings efficiently.
- Promote the country's institutional memory and knowledge management program in the health sector with your organization's Results Dissemination Pie.
- Make the biggest return on every investment by "selling" your message and solutions country and worldwide.
- Determine the difference you and/or your organization made and show the ultimate impact your organization makes to the development of the country's health sector.
- Global Health Professionals, Public Health Program Managers and HealthCare Providers

The RGH Health Care Delivery System™ will empower health professionals to:

- Plan how to improve your health career and your clinic or hospital performance every day with well-defined steps to assess, implement and improve your performance.
- Identify opportunities to improve the health services and programs every day with measurement tools, building on what works and rewarding consistent results.

- Deliver quality health services every day by implementing and monitoring quality standards.
- Get support for your health programs or organization by demonstrating measurable results.
- Innovate and deliver an outstanding performance every day by managing your time and your team.
- Make a bigger impact every quarter by putting Health for All NOW program to work on autopilot.
- Grow your influence in the health sector by sharing your own success story.

The RGH GH Book Writing System™ will empower health professionals to write their own book and to:

- Define the main message of your book by getting clear on what you want to teach.
- Create a bigger impact with your story by telling the stories that add value to your message.
- Write with the reader in mind by knowing your big why and what do you want your reader to do after reading the book.
- Get organized and get it written with 15 minute daily “Writing Appointments™”.
- Get heard by getting your book out there so your story can start making a difference.

RGH works with governments, foundations, organizations and health professionals to improve the communication, collaboration and coordination within a country's healthcare system and thereby improve the quality, efficiency and consistency of health service delivery outcomes for everyone.

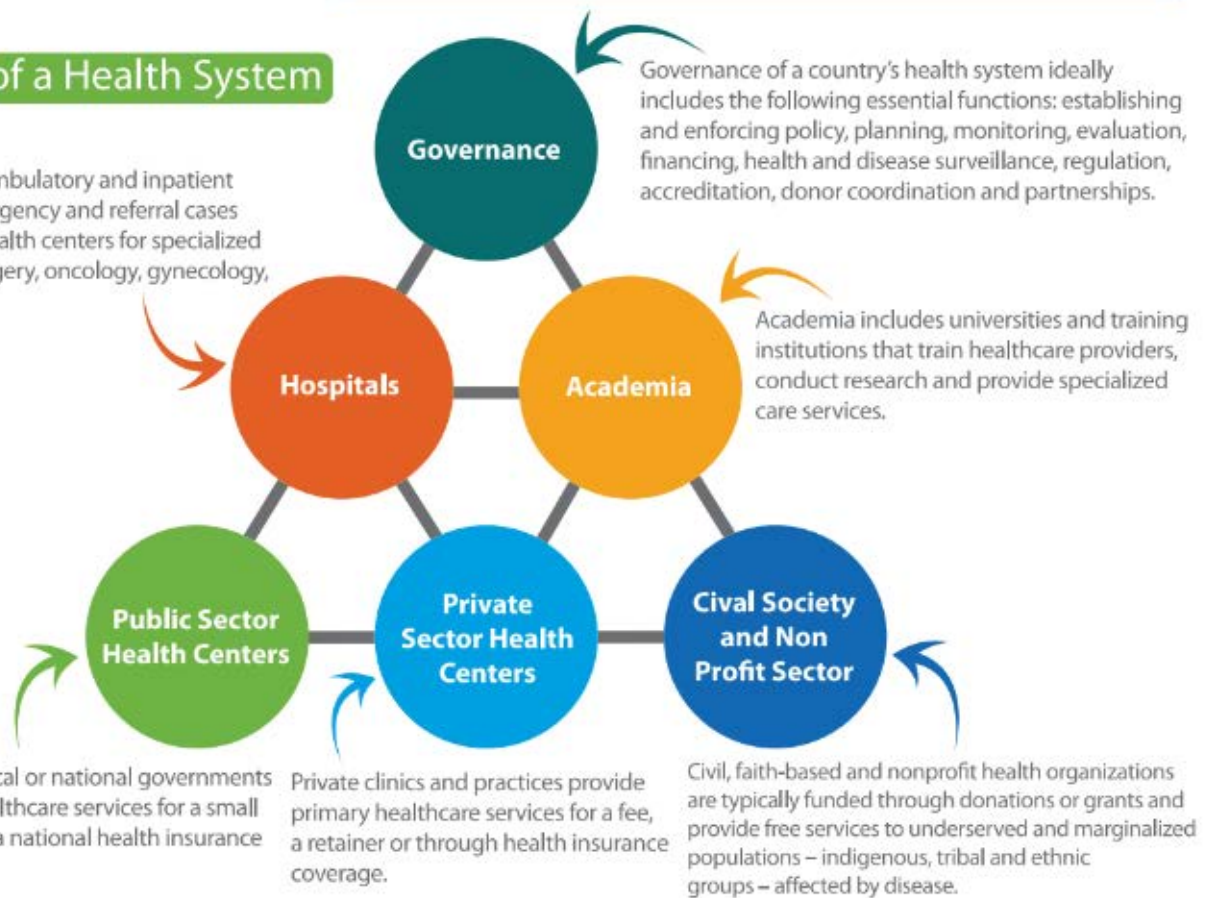
## Anatomy of a Health System

Hospitals provide ambulatory and inpatient care and serve emergency and referral cases from community health centers for specialized services such as surgery, oncology, gynecology, cardiology, etc.

Clinics funded by local or national governments provide primary healthcare services for a small user fee or through a national health insurance program.

Private clinics and practices provide primary healthcare services for a fee, a retainer or through health insurance coverage.

Civil, faith-based and nonprofit health organizations are typically funded through donations or grants and provide free services to underserved and marginalized populations – indigenous, tribal and ethnic groups – affected by disease.



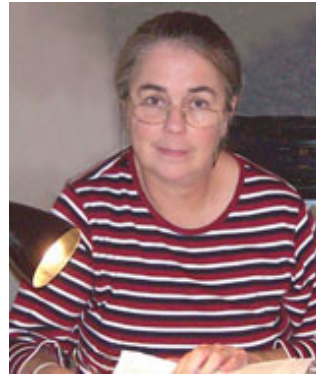
# The Team



**Aaron Pied**  
Operations Manager

As operations manager, Aaron is responsible for managing the finance, communications, and human resource activities for RGH while providing support to select projects. For more than 12 years, Aaron has worked in Africa, Asia, and the United States. After completing service as an English Teacher and health educator with the Peace Corps in Burkina Faso, Aaron returned to the U.S. and worked as

a teacher before deciding to return to international development. He began by working to support international health research at the Center for Global Development. Aaron later relocated to Thailand where he was a consultant for local health and education organizations, a caseworker for refugees wishing to resettle to the United States, and an education coordinator for an NGO providing skills and opportunity to Thai and Burmese youth interested in vocational work.



**Dr. Ruth Hope, Director of the Center for Reproductive Health, HIV/AIDS and Gender Equality**

Dr. Hope is a physician with postgraduate clinical qualifications in pediatrics, obstetrics and gynecology, and family planning. She has a Master of Science degree in Mother and Child Health from the University of London, Institute of Child Health, and a Master of Arts degree in Education from the UK Open University. She speaks Nepali and has worked in

Eastern Europe, Central Asia, Latin America, the Caribbean, Africa and Asia. As the Director of RGH's Center for Reproductive Health, HIV/AIDS and Gender Equality,



**Elise Yousoufian, Communications Officer**

Elise has been serving as communications officer on the Grant Management Solutions project (GMS) since 2010. RGH is one of five partners on GMS, which helps recipients of grants from the Global Fund to Fight AIDS, Tuberculosis and Malaria. Elise brings over thirty years of communications experience to RGH.

A seasoned project manager, she worked on many winning proposals and contracts. Before joining RGH, Elise consulted with leading international development firms in Washington D.C. on proposal development; wrote and produced proposals and contracts for the sale of large commercial aircraft during complex negotiations; and wrote feature articles for *The New York Times* on a range of social and health topics. She holds a Master of Art in International Training and Education from American University, and speaks French, Spanish, Western Armenian and German, in addition to English.



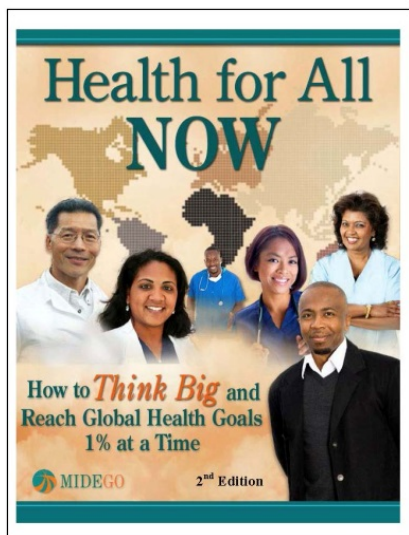
**Gina Stracuzzi, Vice President, Partnerships & Communications**

As Vice President of the Center for Consulting Solutions, Gina helps advance global public health by fostering organizational growth and new opportunities to develop innovative public health services in emerging economies. A passionate advocate for many social issues, she is driven to help clients apply their vision for global public health through communication strategies and tools

that help them turn their vision into reality. Gina brings more than 20 years of experience in communications, business development, marketing and public relations in the U.S., Europe and developing economies. Prior to joining RGH in 2007, Gina was a strategic communications consultant, working with clients ranging from international telecom and internet companies to non-profit organizations and advocacy groups. She holds a Bachelor's in Communication from American University, a Master's degree in Culture and Communication from New York University and a Graduate Certificate in Global Health from George Mason University.



# Book: About Health for All NOW



The second edition of *Health for All NOW* is an update to the successful first edition written in 2008. Through a simple, but not simplistic parable, the book effectively shows that what matters most is not the results of a foreign-funded project, but what the health professionals in a country are able to do and achieve as a result of the support and assistance provided by foreign donors. This book demonstrates how to focus donors' global health assistance on what really empowers health professionals in developing countries to achieve their goals in their own terms: the power of a personal mission.

TITLE	<i>Health for All NOW</i> , 2 <sup>nd</sup> Edition
AUTHOR	Dr. Elvira Beracochea
PRICE	\$25.00
GENRE	Global Health; Professional Development
AUDIENCE	Health Professionals and trainers/supervisors of health professionals
PUBLICATION DATE	April 29, 2013
PAGE COUNT	110
BOOK EXCERPT	<a href="#">Click to read</a> the first chapter of <i>Health for All NOW</i>
PUBLISHER	MIDEGO
WHERE TO PURCHASE	Available in print and ebook versions through our <a href="#">online bookstore</a>

## Health for All NOW

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# What People are Saying



Elizabeth Ngoye, M & E Officer

In her own words:

*“My desire, as a public health professional, to reach everyone and provide everyone with my program services was overambitious. I looked for immediate results. Then I learned that I need to look at the big picture and reach little by little every day.”*

“You have prepared excellent tools including 30 major challenges to make change within 30 days”  
*Sdilip Chandra Poudel*

“Thank you Doctor for the update. I can watch and listen to your video class and they are helpful. Thanks for keep us informed”  
*Paul Mamba*

“Thank you for the good lessons you are giving out, they really help. Actually I am working on some of them to convert my career into a public health professional”  
*William Tandwa*

“I really feel blessed that I got connected to you and the entire MIDEGO team. Thank you, your literature and “video class” have greatly fostered my career and the dream in me”  
*Wisdom Banda*

“Everything I learned from MIDEGO has been extremely helpful and I am actually proud of my achievements so far in my organisation where I am employed”  
*Asare Cletus*

“It was really a pleasure working with you and I will cherish these days in the days to come. I enjoyed doing this program. I thank you for all the suggestions & comments you have given. I value it. It has given me the confidence and determination to go ahead with my plans and I would like to continue with my work with regard to the Health of Women and Children”  
*Sashikala Chandrasekar, India*

“Along with university education and other training courses the MIDEGO course helps me in everyday habitual and unexpected problem decisions. Topics received from MIDEGO are valuable as an informative data and they serve as an impact for generating the new ideas”  
*Nata Metreveli, Georgia*

“I recommend this course for others, whoever is willing to be more proficient on their professional career. This is a quick-approach to build capacity on wider area of public health. I also thank and congratulate the team of MIDEGO for their successful effort in helping public health professionals to build their capacity”.  
*Deepak Pudrel, Nepal*

“Very specific thing that has changed is how to set priorities and set targets when there are many things to do or measure in terms of projects/programs outcomes”  
*Daniel Olen*

“Overall, this program is very effective and helpful for public health workers. If we can just set aside about 2 hours a day, we can really change our way of thinking and working styles for the benefit of our community”  
*Nyo Minn ko*

“This course is interesting and very practical for everyone regardless of the job you are doing (M&E is for everyone)”  
*Stella Muriki*

# Client Success Stories

## Introducing Quality Assurance at Garki Hospital

One doctor learns that perseverance and consistency makes a difference in realizing global health.

Situation: Dr. Amara Oguine Albert works at Garki Hospital, a government owned 100-bed facility, which employs nearly 200 people in Abuja, Nigeria, and sees approximately 150 outpatients each day. According to the World Health Organization, Nigeria's density of healthcare professionals is still too low to effectively deliver essential health services, making it a challenge for healthcare professionals like Dr. Albert to meet the needs of their patients.



*Dr. Albert reviewing a process checklist with front desk staff at Garki Hospital.*

Solutions: In January 2011, Dr. Albert participated in RGH's online 7-Day MPH program, designed to provide practical skills to healthcare staff on the frontlines in developing countries. After working with her personal RGH coach, she set the goal to improve quality of care in Garki Hospital in the specific areas of infection control and clinical services. Dr. Albert's new program would focus on improving the quality, efficiency, and consistency of health services, based on principles from her 7-Day MPH program. She saw the need to shift Quality Assurance at Garki Hospital by looking at care from the point of view of the patient. Dr. Albert sought approval from hospital management to start her Quality Assurance program. Gaining this permission was not easy but with motivation from her RGH coach,

coupled with her own perseverance, she was finally granted permission. She moved on to the next challenge – convincing all staff members to participate!

Success: Dr. Albert involved both clinical and administrative hospital staff in the Quality Assurance training – drawing from the training she received in the 7-Day program and using a scorecard she developed to monitor progress. The first phase was implemented for four weeks and was a proven success. By the fourth week Garki Hospital saw the following benefits from Dr. Albert's training: 150 staff members were using the scorecard to track progress compared to 50 in the first week and there were no hospital-acquired infections.

- Patient wait times were reduced from one hour in the first week to less than 30 minutes in the fourth week.
- Patient complaints were reduced from eight in the first week to two in the fourth week.
- Staff members who were using correct aseptic techniques improved from 105 in the first week to 150 in the fourth week.

## Voluntary HIV Testing Goes Up and Mortality Levels Go Down in Tanzania Tanzanian Pastor Tackles HIV Stigma with Education



*Mr. Mumba holds training on HIV awareness and stigma reduction.*

Situation: Within the Christian community of Tanzania, HIV/AIDS has traditionally been considered to be a punishment for sinners. Few Christian leaders in Tanzania have accepted HIV/AIDS as a medical disease, causing segregation and a challenge for pastors like Paul Lucas Mumba, who are interested in the welfare of their community.

Solutions: Paul completed RGH's online 7-Day MPH program and made it his mission to teach HIV awareness. He realized that lack of education about HIV was the main contributing factor in the rapid spread of the disease in his community. He decided to focus his efforts on education and recruited volunteers in his community to help inform others about the importance of testing. Paul has worked to address the stigma by holding seminars with other pastors, youth leaders and youth at large. Paul has more than 745 trained pastors and leaders in different positions and 3942 youth (boys and girls) representing 226 Churches in Tanzania. Each pastor trained by Paul teaches HIV awareness to his church members and neighbors. Paul and his volunteers travel to other districts in

Tanzania to teach HIV awareness.



Success: Paul's trained volunteers visited many regions, and as a result in the regions visited, such as Dar es Salaam, Mbeya and Arusha and Kigoma, there was a marked increase in the percentage of people reporting to VCT centers for counseling and testing. Even better – the HIV mortality rate came down. Due to his success, Paul applied for and received a grant for \$9000 from the Mustard Seed Foundation to establish a pilot Dispensary at Bunju "A". He continues to teach HIV awareness, reaching thousands of people in his community each year.

## Ensuring Quality Healthcare to the Children of Nepal Health Worker in Kapilvastu District Organizes Better Care for Children Under Five



A community health volunteer counsels the mother of a sick child with diarrhea to give zinc tablets for ten days. Medicine is provided at no cost.

Situation: In Nepal children younger than 15 years old make up more than 40% of the population. Entrenched poverty and the fact that much of the population live in remote rural areas, have made the mortality rate high for children five years of age and younger.

Solutions: Vishnu Khanal, after completing RGH's online 7-Day MPH program, decided he wanted to develop a project to serve the children of his district of Kapilvastu in Nepal. His goal was to help health care workers improve their work performance and offer quality care, efficiently and consistently in order to decrease under- five morbidity and mortality.

Track Systems, so Vishnu developed an Excel linked file to calculate the amount of medication required. The system also facilitates the district authority's process to calculate the Emergency Stock Level (lowest level) and Authorized Stock Level (highest level). By entering data of respective month/year, one can calculate the amount required for the following month and year.

Vishnu realized he needed lobbying to reach the target population as planned. He prepared presentations for the District of Health Office and local body council from which he got his financial support for the project. Based on his training, he saw the need for Electronic Data Registry and Stock

Success: Based on Vishnu's original model, Electronic Data Registry and Stock Track Systems have now been implemented in more than 10 districts of Nepal. This means that more children get the medicine they need when they need it. This project has also led to health workers receiving much-needed technical support. Female community health workers have been added to ease access to houses in the community. The result is more children under five in the district of Kapilvastu are receiving life-saving healthcare.

## Measurable Results in Eradicating Poverty in Tanzania Monitoring and Evaluation Officer Gains Practical Tools to Make a Difference

Situation: Tanzania continues to be one of the world's poorest countries in terms of per capita income. Elizabeth Ngoye, a Tanzanian monitoring and evaluation officer for non-government organizations, wanted to make a difference by working to eradicate poverty and improve living standards – especially among the most vulnerable groups.

Solutions: Elizabeth participated in RGH's 7-Day MPH program, which gave her practical tools to improve her work and her team's performance. For example, she learned to prepare a daily checklist that helped her work in an efficient and a consistent manner. She also saw that in order to maintain the success of her program, she needed to get support for her project. So she began sharing her positive results with her supervisor, colleagues, authorities and others.

Success: In the Bagamoyo District of Tanzania, Elizabeth's team recruited and trained 10 volunteers went on to support the 130 children and 35 women enrolled in the program. The program established several support groups and two women clubs, which received training on how to develop their own income generating activities. In addition, Mbegani Fisheries in Bagamoyo began providing fishing trips to orphans and vulnerable children and funds were collected to support education for the children and rehabilitate houses that were in poor condition.

On a personal level, Elizabeth's performance qualified her to receive a three-week on-the-job training on Data Quality Assurance. This has significantly improved her capacity in Monitoring and Evaluation so she can make sure the right data is obtained from implementing partners.

### **About this Series**

RGH's 7-Day online programs provide participants with dynamic capacity building solutions that empower real country-led development. This series highlights the success of participants as they strive to bring better health and well-being to their communities and countries.

Learn more at  
[www.realizingglobalhealth.com](http://www.realizingglobalhealth.com)

# Interview Q&A

Dr. Beracochea's comfort on set, extensive knowledge about global health and her medical background make her a stellar interview.

**Q:** How long you have been doing what you do and what is your philosophy on global health and development?

**A:** I have been an MD for over 30 years and have been working in public health for more than 25 years. My philosophy on global health and development changed 10 years ago when I started my own global public health consulting company to help health professionals achieve more in their careers. I believe health professionals in developing countries hold the key to achieve the global health goals. So I made it my job to help them do it faster, better and more effectively! The defining moment for me was when after two years of working with very good colleagues in Angola, the project ended and I had to stop working with them. I had gone through that before when other projects I worked in ended. And as before, I just could not stop working and supporting my colleagues. In the past, I had stayed in touch and on my own time, I kept helping and supporting them until they found a new job. This time in Angola, it was just impossible to leave. I knew the project had ended but I also knew I just could not leave my colleagues. We had worked so hard to restore health services after many years of civil war. They were a great team, great professionals, great people. I had to find a way to keep helping them, so I helped them start their own NGO.



That experience inspired me to found MIDEGO with the firm conviction that I would make a living by coaching health professionals who want to save more lives and develop their country. I realized that throughout the years, I had developed a cost-effective coaching approach and simple, effective solutions to help health professionals advance in their careers, improve the effectiveness of their organizations, and through them, strengthen the country's health system. I began to understand that my mission was to expand my programs and train others to do what I do, so I could support more health professionals to save lives and develop their country. In short, I realized that if we worked together in this way, we would not only achieve, but exceed the Millennium Development Goals (MDGs) and change the practice of global health. For that reason, we changed our name from MIDEGO to Realizing Global Health (RGH) in 2014 to represent the evolved spirit of the MDGs and in response to the continuing belief that we already have the tools and knowledge to provide quality health care everywhere. We now only need to fill the gaps and develop capacity within each country's basic health systems, starting at the community and government levels.

 <h3>Government Agencies</h3> <p>Are you looking to advance the quality and availability of health services in your country? Let us show you cost-efficient strategies that work.</p>	 <h3>NGOs and Health Organizations</h3> <p>Is your organization making a long-term, sustainable impact in realizing global health? Discover key strategies that maximize results for NGOs.</p>	 <h3>Foundations and Donors</h3> <p>Getting a maximum return on your investment in global health? Realize lasting change with our 100-Day Improvement Project Methodology.</p>	 <h3>Healthcare Professionals</h3> <p>You're working hard but could you make an even bigger impact? Get customized coaching to improve your health career and performance.</p>
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Q: How did you get to be a public health expert?

A: I knew all my life I wanted to help people and becoming a doctor was the best way to do it. I loved science and I always loved to figure out how things work in the human body, particularly the brain. In any case, when I realized I had to follow my mission, I also realized that we, global public health professionals, go through stages throughout our careers. Careers are not static. We change, and our careers change. My first dream was to be a neurologist. Midway in my neurology training, I realized that what I wanted was to prevent the brain hemorrhage cases and other diseases I was diagnosing. At that time, there was no post-graduate training in preventive medicine in my native Uruguay. Serendipitously, that week my mom read in the paper an announcement about scholarships to study public health in Israel. I got the scholarship and a few weeks later I was on my way to Jerusalem. Destiny is amazing! During my master's training, I fell in love with epidemiology, community medicine and public health management, and since then I have been honing those skills. I learned that we all have strengths and need to build on them. Mine are the ability to simplify complex problem, see connections and solutions in apparently disconnected issues and see the potential in every situation. For that reason, I believe I especially wired for global health.

At first, as a doctor I became good at helping people one on one, and then as a public health professional, I realized that to help more people prevent and treat disease I needed systems to make sure things work even when I was not there. Therefore, I created a number of systems to help me do my work better. Also, I realized I needed systems because to have lasting results, we must work effectively with others, we cannot work alone. Systems allow us to work with other professionals and stakeholders in the communities we serve to improve health. Next, I realized I needed to teach others what I was learning in my career and help the next generation of health professionals to learn from my successes and failures. For many years, I was training and teaching others what I know. However, there is a limit to how many people I can teach. So finally, in the stage I am in now, I am creating new programs all the time to allow others to do what I do. I am also writing books that show how I uncovered my mission, developed public health systems and helped other professionals achieve amazing results. Why? Because my mission is to help other health professionals succeed in their careers at every stage so we can take public health to a new performance level and finally achieve health for all. I am certain that it will happen in my lifetime.

Q: Who are your clients?

A: My clients are government agencies, global health organizations, private donors and foundations, and health professionals working in the health sector. I have also worked with pastors and sisters who are helping improve the health of orphans and other vulnerable groups in their congregations. I love working with community grassroots organizations because I believe health is everyone's job and we all have a job in health. From religious and political leaders, to schoolteachers, to administrative staff, to parents and children, I believe that one person can change the world; and my experience confirms this belief.

Q: How are you different from other public health professionals?

A: I was born and raised in a developing country. I studied medicine in a developing country and started my career there. I have been through all the career stages my clients are going through and know how to succeed. For more than 25 years, I have worked as a public health doctor, researcher, project manager, and consultant in more than 40 developing countries; and I know first-hand that it's not just about lack of resources, or lack of education and training. I know it is about having the right mindset, the right support to take action, implement best practice knowledge and the right tools to overcome big barriers and everyday challenges. I have witnessed the gaping holes in the systems; I have experienced the waste, the duplication of programs and efforts and lost opportunities. I have been there and I am there with my clients when they tackle what seem overwhelming problems. I know intimately what it takes to improve health services and the challenges my clients face every day. Global Health is wonderful work, but it's hard work that can leave you feeling frustrated and trapped if you do not have the right tools and support. That is why I started MIDEGO, and later Realizing Global Health – to help other global health donors, organizations and professionals benefit from my knowledge and experience, so they do not have to go through what I went through. In short, I make it simple to improve health services and public health programs making the best of existing resources.

For more info and to book Dr. Beracochea to for an interview, email Aaron Pied at [aaron@realizingglobalhealth.com](mailto:aaron@realizingglobalhealth.com)










Partnering With Governments and World Leaders to Develop  
Self-Reliant, Sustainable Health Systems Worldwide





# Speaking Topics

Dr. Elvira Beracochea is available to speak for tele-classes, webinars and other virtual learning events and is also enthusiastic about speaking live to audiences around the world, pending availability. Sample speaking topics include:

-  Give me 100 days and I will give you a healthier community
-  Aid Effectiveness in Global Health: Putting the principals of the Paris Declaration
-  Are you getting quality health care?
-  Right to Health: Why it Matters to You
-  How Global Health Works & How Our Donations Can Make a Lasting Impact and Save Lives
-  How to Improve the Quality of Healthcare for All in America and the World
-  How-To topics: How to do . . . Effective Capacity Building in Global Health; Effective Monitoring and Evaluation; Effective Project Management; Global Health Coaching; Effective Hospital Management; Health Systems Strengthening; Health System Governance; Effective Global Fund Grant Management

For more info and to book Dr. Beracochea to for an interview, email Aaron Pied at [aaron@realizingglobalhealth.com](mailto:aaron@realizingglobalhealth.com)

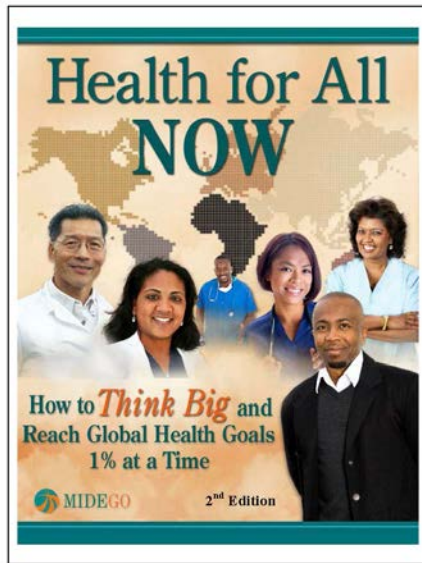
# Past Speaking Engagements

-  The American Public Health Association: Annual presentations in various global health topics since 2003 to present.
-  Society for International Development: Annual Conference: International Health Panel on “Sustainable Development Goals in Health” May 2014. Africa Forum: What African Leaders Need to know about achieving the Millennium Development Goals” July 2014.



Click on images to download

# Images



# Videos

Click on the image below to view the video



Dr. Beracochea shares how RGH simplifies the complexity in healthcare systems

Visit our [YouTube Channel](#) to view more resource filled videos









Dr. Beracochea discusses RGH's unique approach to realizing global health

# Contact

Thank you for your interest in **Realizing Global Health** and Dr. Elvira Beracochea

Please use the links below to connect with RGH and learn more.



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- Website <http://www.realizingglobalhealth.com/>
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