

Athletes' Skin Protection Guide

Don't let skin disease end your season.



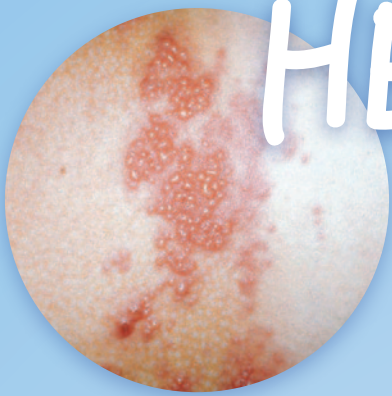
MRSA...

Staphylococcus aureus, commonly known as "staph," is a type of bacteria ordinarily found on the skin or in the noses of healthy people. Known as a superbug because it is resistant to antibiotics, MRSA is a potentially deadly strain of staph that can easily spread through casual contact.



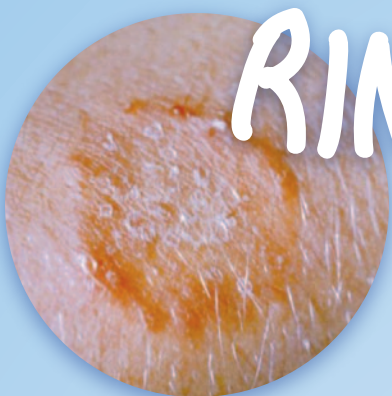
IMPETIGO...

Impetigo is a highly contagious skin infection that forms oozing red sores that develop a yellow-brown crust. Athletes involved in close contact sports are at a high risk because the infection spreads through direct physical contact. Impetigo sores are commonly found on the face, but can appear anywhere on the body in patches ranging from dime to quarter size.



HERPES...

Skin herpes is an incurable disease associated with a painful, itchy, oozing and crusty rash anywhere on the skin. The virus can spread through direct contact even if there's no breakout. Since herpes can be spread even while there are no visible sores on the body, skin protection for those involved in sports is especially important.



RINGWORM...

Ringworm is a fungal skin infection characterized by a reddish to brownish raised or bumpy patch of skin anywhere on the body. Depending on its location, it's also known as "athlete's foot" or "jock itch" and it can also be on the body and scalp.

KILL THE FUNK.



**Prevention is the key.
Wipe down after every
match, practice and game.**

To learn more about athletic disease prevention and what you can do to keep your body protected, visit

WWW.MATGUARDUSA.COM