

Gut Microbiota Worldwatch, the largest information ecosystem about gut microbiota and health, is now also available In Spanish and French

Vienna, 19 November 2014: Coinciding with the second anniversary of its launch, [Gut Microbiota Worldwatch](#), the leading international online information centre about gut microbiota and health for a non-specialized audience, is now available in three languages: English, French and Spanish. Its social networks, namely [Facebook](#) and [Twitter](#), are also available in these 2 new languages. Edited by the [Gut Microbiota & Health Section](#) of the European Society of Neurogastroenterology and Motility (ESNM), it is part of **the largest information ecosystem talking about the hundreds of trillions of bacteria that inhabit our digestive system**. Gut Microbiota Worldwatch **aims to inform readers in a clear and accessible way about the latest developments in the field of gut microbiota, raising awareness about its importance for overall health and quality of life.**

The Gut Microbiota Worldwatch platform includes information and **the latest news about gut microbiota**, from research explained in a clear and accessible manner, to resources and recommendations to learn more about the topic. It also features a selection of **articles published in the media** about gut bacteria and a **glossary** with the terms and vocabulary necessary to understand the topic.

The bacterial universe that inhabits our digestive system is gaining prominence in research areas as diverse as gastroenterology (IBS, IBD, colon cancer), psychiatry (eating disorders, depression), or immunology (allergy, inflammation), among others. *"It is important to know and understand the activity of the bacterial ecosystem we have in our guts and its key role in a great number of physiological functions our body is not able to accomplish on its own (like digesting some type of fibres and producing some vitamins, among others),"* explains Professor **Fernando Azpiroz**, from the Vall d'Hebron University Hospital in Barcelona (Spain) and Chairperson of the Gut Microbiota & Health section of ESNM. **"If we take care of our gut microbiota, it will take care of us, helping us to preserve our health and our quality of life,"** he concludes.

GM&H [ESNM](#)'s section is also responsible for [Gut Microbiota for Health Experts Exchange](#), a web platform dedicated to the **exchange of information, and debate** on the subject among healthcare professionals from different disciplines. It offers **e-learning opportunities** for gastroenterologists willing to increase knowledge of the topic, as well. Finally, this section organises once a year the [Gut Microbiota for Health Summit](#) (next edition to take place in Barcelona, on March 14-15, 2015).

About the Gut Microbiota & Health Section of ESNM

ESNM stands for the [European Society of Neurogastroenterology and Motility](#), a member of United European Gastroenterology (UEG). The mission of ESNM is to defend the interests of all professionals in Europe involved in the study of neurobiology and pathophysiology of gastrointestinal function. The [Gut Microbiota & Health Section](#) was set up to increase recognition of the links between the gut microbiota and human health, to highlight the role of diet and nutrition and to spread knowledge and to raise interest in the subject. The Gut Microbiota & Health Section is open to professionals, researchers, and practitioners from all fields related to gut microbiota and health.

The ESNM Gut Microbiota and Health section receives the institutional support of Danone to fulfill its mission. Danone's conviction is that food plays an essential role in human health and supports the ESNM Gut Microbiota and Health section with the aim to increase knowledge in this promising area. www.danone.com // [@DanoneGroup](#)

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