

**Guidance notice:** This product is a food supplement and should be used in conjunction with food as part of a healthy balanced diet, not as a substitute for such. This product is not intended to diagnose, cure or prevent any disease. This product is not intended for use by persons under the age of 16. Keep out of reach of young children. Do not exceed the stated daily dose. Store in a cool dry place away from direct sunlight.



Manufactured in the United Kingdom by:  
Reflex Nutrition Ltd, The Science Park,  
Sea View Way, Brighton, BN2 6NT.  
[reflex-nutrition.com](http://reflex-nutrition.com)



The ingredients of this product may originate from countries other than the United Kingdom.

**R-BAR** is a protein bar of unrivalled quality incorporating nutritionally uncompromised ingredients. Created in our bespoke state of the art factory in Sussex, every ingredient has been carefully selected providing you with the finest protein, whole nut butters, cocoa butter and carefully tailored natural flavours. Crucially, it contains **NO** palm oil, glucose syrup or GMO ingredients.

**R-Bars.com**

**R-Bar**

**@ReflexRBar**

REFLEX NUTRITION

Food supplement

**60 g** e

**WHITE CHOCOLATE RASPBERRY RIPPLE**



**20g**  
PROTEIN

**9g**  
FIBRE

**2g**  
SUGAR

Protein bar with cocoa butter, nut butter & natural sweetener (stevia).  
Free from palm oil, gluten, artificial flavourings & colours.

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Best before end:

**INGREDIENTS:**

**MILK** Proteins (35%), Soluble Gluco Fibre, Almonds (15%) [NUTS], Glycerine, Cocoa Butter, Water, Freeze Dried Raspberries (2%), Natural Flavourings, Citric Acid, Sea Salt, Natural Sweetener (Stevia), Antioxidant (Tocotrienols as DeltaGold®).

Made in a facility which handles gluten and peanuts.

**NUTRITION INFORMATION**

Typical values	per 100 g	per bar	
Energy	1,462 kJ 351 kcal	877 kJ 211 kcal	Carbohydrate
Fat	15.8 g	9.5 g	Sugars
of which Saturates	5.8 g	3.5 g	Glycerine
Mono-unsaturates	7.2 g	4.3 g	Fibre
Polyunsaturates	2.2 g	1.3 g	Protein
Trans-Fat	<0.1 g	<0.1 g	Salt

per 100 g	per bar
15.9 g	10 g
3.3 g	2 g
9.9 g	6 g
14.8 g	9 g
33 g	20 g
0.5 g	0.3 g

**Stevia**  
Vegetarian  
suitable for



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