



Princeton Academy of Martial Arts  
**Savate Workshop**  
with 1988 French Cup Champion  
**Nicolas Saignac**

Nicolas Saignac started his study of Savate in 1983; after a few years of practice and under the guidance of Franco DiGuglielmo, one of France's best coaches, he reached the final of the French Cup in 1987 and won the title the following year.

After competing for six years in Savate, as well as in Boxing, he retired from the ring to focus on teaching, coaching, judging and refereeing. A Professor and holding teaching credentials from the Ministry of Sports in Savate and Boxing, Nicolas Saignac also holds a Silver Glove 2nd degree, the highest Savate rank in the US.

Since moving to Los Angeles, CA in 1992, he has become one of the leading promoters of the sport; teaching, leading, training or coaching successful US teams to several World Savate Championships. He has had the honor to teach Savate Kickboxing with a strong emphasis on ring tactics at the internationally famous Inosanto Academy for several years.

Over the years, Nicolas Saignac has authored Savate instructional videos, and several articles in Martial arts magazines, he has also been featured in a multitude of articles and documentaries and videos.

**April 11, 2015**  
**11:00 a.m. to 4:30 p.m.**

**Location:** 51A Everett Dr., Ste A-50, Princeton Junction, NJ 08550

**Fee:** Pre-Registration: \$95 After April 4th: \$105

All major credit cards accepted



**Recommended**

**Training Equipment:** Focus mitts, bag gloves, boxing gloves, mouth piece, shin guards, groin protector.

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51A Everett Dr., Suite A-50, Princeton Junction, NJ 08550  
**Register by phone: 609-452-2208**