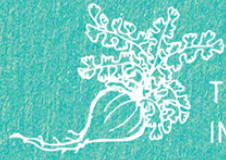


# MACA

my day



THIS PERUVIAN ROOT CAN GIVE YOU A **Boost**  
IN MORE WAYS THAN **one**

A Peruvian root vegetable used for 3,000 years, maca is dried, ground, and sold as powder or in capsules.



the lowdown

alias: PERUVIAN GINSENG

the benefits

- ✓ Boosts energy\*
- ✓ Helps reduce stress\*
- ✓ Supports healthy mood\*
- ✓ Promotes hormonal balance\*
- ✓ Promotes healthy fertility\*

the boosts

- × vitamins B, C, E
- × amino acids
- × calcium
- × zinc
- × magnesium
- × iron
- × phosphorus
- × fatty acids

maca HAS UNIQUE PLANT COMPOUNDS THAT **nourish** THE ADRENAL & THYROID GLANDS TO HELP BALANCE VITAL HORMONES THAT KEEP THE **Body** ENERGIZED & HAPPY!\*

Maca powder  
½ cup coconut water  
frozen banana  
almond milk  
½ avocado

the smoothie

Boost: MACA POWDER



\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. © FoodStalk, Inc. 2015. #NewHope

brought to you by



and **MegaFood**  
Fresh From Farm To Tablet™