

### HEALTH CHECK PACKAGE DETAILS

#### **GENERAL HEALTH CHECK**

**COMPLETE HEMOGRAM** 

**FBS - FASTING BLOOD SUGAR** 

**BLOOD GROUPING AND RH FACTOR** 

**URINE ROUTINE AND MICROSCOPY** 

ECG

**TOTAL CHOLESTEROL** 

X - RAY CHEST - PA

**SERUM CREATININE** 

**BLOOD UREA** 

**SERUM URIC ACID** 

SGPT, SGOT

**PHYSICIAN - CONSULTATION** 

**EYE SCREENING** 

1500/-

#### **DIABETIC PROFILE**

HB A1C

**URINE MICRO ALBUMIN** 

DIABETIC RETINOPATHY SCREENING

DIABETIC DIET COUNSELING

1500/-



## COMPLETE HEALTH CHECK FOR MEN UNDER 40 YRS

#### **COMPLETE HEMOGRAM BLOOD GROUPING AND RH FACTOR** FBS - FASTING BLOOD SUGAR PPBS - POST PRANDIAL BLOOD SUGAR **SERUM CREATININE SERUM URIC ACID BLOOD UREA** LIPID PROFILE **LFT - LIVER FUNCTION TEST** TSH - THYROID STIMULATING HORMONE **HBSAG (RAPID CARD TEST)** PSA (PROSTATIC SPECIFIC ANTIGEN) URINE ROUTINE AND MICROSCOPY STOOL ROUTINE AND MICROSCOPY X - RAY CHEST-PA **ECG PULMONARY FUNCTION TEST** U/S ABDOMEN AND PELVIC **EYE SCREENING PHYSICIAN - CONSULTATION DENTAL SCREENING NUTRITIONIST - CONSULTATION**

3000/-

## **COMPLETE HEALTH CHECK FOR WOMEN UNDER 40 YRS**

COMPLETE HEMOGRAM			
BLOOD GROUPING AND RH FACTOR			
FBS - FASTING BLOOD SUGAR			
PPBS - POST PRANDIAL BLOOD SUGAR			
SERUM CREATININE			
SERUM URIC ACID			
LIPID PROFILE			
LFT - LIVER FUNCTION TEST			
TSH - THYROID STIMULATING HORMONE			
HBSAG (RAPID CARD TEST)			
URINE ROUTINE AND MICROSCOPY			
STOOL ROUTINE AND MICROSCOPY			
BLOOD UREA			
X - RAY CHEST-PA			
ECG			
PULMONARY FUNCTION TEST			
U/S ABDOMEN AND PELVIC			
PAP SMEAR			
EYE SCREENING			
GYNECOLOGIST - CONSULTATION			
PHYSICIAN - CONSULTATION			
DENTAL SCREENING			
NUTRITIONIST - CONSULTATION			

3000/-

650/-

#### **ADD-ONS**

FOR V	<b>NOMEN</b>	UNDER	<b>40 YRS</b>
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SONO MAMMOGRAPHY 1000/BREAST SURGEON CONSULTATION

VITAMIN D 1800/-

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**GYNAEC PROFILE** 

PAP SMEAR
OBG CONSULTATION

VITAMIN B 12 1100/

# COMPLETE HEALTH CHECK FOR MEN ABOVE 40 YRS

COMPLETE HEMOGRAM				
BLOOD GROUPING AND RH FACTOR				
FBS - FASTING BLOOD SUGAR				
PPBS - POST PRANDIAL BLOOD SUGAR				
SERUM CREATININE				
SERUM URIC ACID				
LIPID PROFILE				
LFT - LIVER FUNCTION TEST				
TSH - THYROID STIMULATING HORMONE				
HBSAG (RAPID CARD TEST)				
PSA (PROSTATIC SPECIFIC ANTIGEN)				
URINE ROUTINE AND MICROSCOPY				
STOOL ROUTINE AND MICROSCOPY				
ECG				
X - RAY CHEST-PA				
BLOOD UREA				
PULMONARY FUNCTION TEST				
U/S ABDOMEN AND PELVIC				
TREADMILL TEST / 2D - ECHOCARDIOGRAPHY*				
SERUM CALCIUM				
AUDIOMETERY				
DIABETIC RETINOPATHY SCREENING				
PHYSICIAN - CONSULTATION				
NUTRITIONIST - CONSULTATION				
DENTAL SCREENING				

4200/-

# **COMPLETE HEALTH CHECK FOR WOMEN ABOVE 40 YRS**

	TON WOMEN ABOVE 40 THS			
	COMPLETE HEMOGRAM			
	BLOOD GROUPING AND RH FACTOR			
	FBS - FASTING BLOOD SUGAR  PPBS - POST PRANDIAL BLOOD SUGAR  SERUM CREATININE			
	SERUM URIC ACID			
	LIPID PROFILE			
	LFT - LIVER FUNCTION TEST			
	TSH - THYROID STIMULATING HORMONE			
	HBSAG (RAPID CARD TEST)			
	URINE ROUTINE AND MICROSCOPY			
	STOOL ROUTINE AND MICROSCOPY			
	ECG			
	TREADMILL TEST / 2D - ECHOCARDIOGRAPHY*			
	X - RAY CHEST-PA			
	BLOOD UREA			
	U/S ABDOMEN AND PELVIC			
	X - RAY MAMMOGRAPHY WITH CONSULTATION			
	SERUM CALCIUM			
	AUDIOMETERY			
	DIABETIC RETINOPATHY SCREENING			
	PULMONARY FUNCTION TEST			
	PAP SMEAR			
	GYNECOLOGIST - CONSULTATION			

PHYSICIAN - CONSULTATION

**NUTRITIONIST - CONSULTATION** 

DENTAL SCREENING

5200/-



### HEART CHECK

Who Should Undergo: This Package especially useful for individuals who have risk factors for Heart disease like Diabetes, Hypertension, Smoking, Obesity, Stressful lifestyle, Lack of Physical activities and those with a family history of cardiac illness.

# COMPREHENSIVE CARDIAC PACKAGE

COMPLETE HEMOGRAM
LIPID PROFILE
FBS - FASTING BLOOD SUGAR
PPBS - POST PRANDIAL BLOOD SUGAR
BUN - BLOOD UREA NITROGEN
GLYCOSYLATED HB (HBA1C)
SERUM URIC ACID
SERUM CREATININE
URINE ROUTINE AND MICROSCOPY
C - REACTIVE PROTEIN - HIGH SENSITIVITY
ECG
2D - ECHOCARDIOGRAPHY
CARDIAC STRESS TEST (TMT)
CHEST - X - RAY
PULMONARY FUNCTION TEST
NUTRITIONIST - CONSULTATION
CARDIOLOGIST - CONSULTATION
DENTAL SCREENING

4000/-

## BASIC CARDIAC PACKAGE

FBS - FASTING BLOOD SUGAR
COMPLETE HEMOGRAM
LIPID PROFILE
ECG
SERUM CREATININE
TREADMILL TEST / 2D - ECHOCARDIOGRAPHY*
X - RAY CHEST-PA
PULMONARY FUNCTION TEST
CARDIOLOGIST - CONSULTATION

1800/-

#### **CARDIAC ADD - ONS**

LIPOPROTEIN (A)	
APOLIPOPROTEIN (A)	
APOLIPOPROTEIN (B)	

1200/-



<sup>\*</sup> EITHER TREADMILL TEST OR 2D ECHOCARDIOGRAPHY

#### INSTRUCTION

- Get sufficient rest.
- Please come on empty stomach with overnight fasting (10 12 hours) you can have half a glass of plain water during fasting period.
- After completing Blood test and Ultrasound Complimentary breakfast will be provided.
- In case you are taking any medication; please bring your prescription/medication and all earlier medical reports along with you, and If you are a diabetic or a cardiac patient, please inform Health Check coordinators and Nurses.
- You may be required to change clothes frequently while undergoing various tests, you
  will feel more comfortable in casual clothes and footwear. Also you may need to walk
  on barefoot or in shoes in the treadmill. Please avoid cigarettes, caffeine, alcohol and
  tobacco, and Men are requested to shave chest before coming to the Cardiac Stress
  Test (TMT).
- While collecting urine, allow the first portion to drain out and collect during the middle portion while urinating.
- Urine/stool to be collected on the morning of the check-up in a container provided by RxDx Clinic – Nurse station.
- Validity period of all health checks is one month, with in which period, review should be completed.
- Ladies: Pregnant ladies or those suspecting pregnancy should not undergo X ray,
   Mammography, treadmill test
- If you are menstruating on the scheduled day of your appointment, kindly inform the nurse on arrival, since you will not be able to do your Urine, Stool and Pap Smear tests as the presence of blood would produce inaccurate results.
- Written reports and review would be completed within 48-72 hours
   If you wish to postpone the health check after fixing an appointment, please call/Email us to reschedule the dates. Contact 080-49261111/40187588. Web: www.rxdx.in
   Email: info@rxdx.in

We would like to hear from you and provide better service - please ask for feed-back/suggestion form from health- coordinator after completing health check.

### **Telerad RxDx**

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