**I Don’t Have A Happy Place**

Reading Group Guide

1. Kim often focuses on the nostalgia of her youth, especially in regards to toys. Do you have any toys that stayed on your “dream wish list” forever? Was materialistic jealousy a part of your own childhood?

1. Buzz and Kim have a less than movie-like romance. Is it important for love to be stereotypically romantic? Have you ever been in a relationship that had a less than ideal story behind it?
2. When Kim goes to Disney, she finds herself enjoying it despite her initial hesitations. What are some of your guilty pleasures? Should you feel ashamed for liking things that are just mindless fun?
3. In the essay, *Letters To A Low Level Depressive*, Kim writes diary entries responding to her high school self. If you could tell your younger self one thing, what would you say?
4. Kim writes about the challenges and pressures of her first job in the entertainment business. How is Kim’s experience with her first job different from your own? Any similarities?

6. In the essay, *I Don’t Have A Happy Place,* Kim’s therapist asks her, “Can’t you ever be happy?” Is Kim happy being unhappy? Do you know someone in your life who enjoys being malcontent?