



People, **Planet**, Purpose

**Global Practitioners**

United in Health & Healing

## **PRE-CONFERENCE WORKSHOPS SATURDAY, OCTOBER 24, 2015**

Join us at these pre-conference workshops that will kickoff the 2015 AIHM Annual Conference: People, Planet, Purpose, Oct. 25-29, 2015.

This annual event offers an exceptional lineup of interprofessional expert speakers who will take us on a journey through evidence-informed, comprehensive, affordable, sustainable person-centered care. The annual conference offers many opportunities for personal renewal and deep community connection.

This whole experience is open to a wide range of healthcare professionals and provides CME and CEU credits to physicians (MD, DO, ND, DC, DOM), nurses, dietitians, acupuncturists, midwives, pharmacists, physician assistants, nurse practitioners and more.

**PARADISE POINT RESORT & SPA • SAN DIEGO**



Academy of Integrative Health & Medicine



# Integrative Oncology in Practice and Prevention

**Date: Saturday, Oct. 24**  
**Time: 8:30 am–4:45 pm**  
**Location: Paradise Ballroom**  
**Cost: \$350; Members \$300**  
**(after Aug. 15: \$450, after Oct. 18: \$475)**  
**CME: 7.5 AMA PRA Category 1 Credits™**

In this full-day workshop, practitioners will learn the latest natural therapies and conventional cancer treatments to improve the health outcomes of patients. Discover natural therapies that reduce cancer risks to bring health, healing and vitality to patients diagnosed with cancer.

Lise Alschuler, ND, co-author of *The Definitive Guide to Thriving After Cancer* and Mitchell Gaynor, MD, founder of Gaynor Integrative Oncology and medical director of the Weill Cornell Center for Complementary and Integrative Medicine, will lead the workshop.

*All Pre-conference fees include course tuition, materials, CME credits, breakfast and lunch. Workshops require a separate registration from the main conference.*

## ACCREDITATION

Physicians (MD, DO): This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of Scripps Health and The Academy of Integrative Health & Medicine. Scripps Health is accredited by the ACCME to provide continuing medical education for physicians. Clinicians should only claim credit commensurate with the extent of their participation in the activity.

**For More Information: Call: 858-652-5400**  
**Email: [med.edu@scrippshealth.org](mailto:med.edu@scrippshealth.org)**

[scripps.org/aihm-conference](http://scripps.org/aihm-conference)



**Speakers: Lise Alschuler, ND; Mitchell Gaynor, MD**

## Workshop Schedule

8:00 am	Registration and Breakfast
8:30 am	21st Century Experience of Cancer: Opportunities, Roadblocks & Forks in the Road <a href="#">Lise Alschuler, ND</a>
9:30 am	Genes on Fire: The Role of Hormones and Inflammation in Cancer <a href="#">Mitch Gaynor, MD</a>
11:00 am	Immunological Control of Cancer: A Review of Key Immunological Concepts Related to Cancer Control and Selected Strategies <a href="#">Lise Alschuler, ND</a>
12:00 pm	LUNCH
1:15 pm	The Role of Nutritional Epi-genetics in Cancer Prevention and Treatment <a href="#">Mitch Gaynor, MD</a>
2:15 pm	Antioxidants and Cancer Prevention—the Complex Interplay of Antioxidants Redox Signaling, Apoptosis and Cancer Prevention <a href="#">Lise Alschuler, ND</a>
3:45 pm	21st century Revolution in Health: Ecogenetic Medicine <a href="#">Mitch Gaynor, MD</a>
4:45 pm	Adjourn



# Integrative Medicine & Your Practice–Business & Leadership Tools for Creating Success



**Speakers: Mimi Guarneri, MD; F. Nicholas Jacobs, FACHE; Rauni Prittinen King, RN; Russell Faust, MD, PhD; James Maskell and more.**

## Workshop Schedule

8:00 am	Registration and Breakfast
8:30 am	Overview of Integrative Medicine in North America <a href="#">Mimi Guarneri, MD</a>
9:30 am	Models of Care Panel Allina Model: <a href="#">Courtney Baechler, MD</a> Membership, Concierge, Hospital: <a href="#">Rauni King, RN</a> Domestic Non Profit Model: <a href="#">Ellen Beck, MD</a> International Non-Profit Model: <a href="#">Tabatha Parker, ND</a>
11:00 am	Business of Integrative Medicine <a href="#">James Maskell</a>
12:00 pm	LUNCH
1:15 pm	Legal Aspects of Integrative Medicine <a href="#">Ellen Stiefler, Esq</a>
2:00 pm	Marketing/Branding & Social Media <a href="#">Russell Faust, MD</a>
2:45 pm	The Role of the Integrative Provider in an Accountable Care Organization <a href="#">Nick Jacobs, FACHE</a>
3:45 pm	Q & A <a href="#">ALL Speakers</a>
4:45 pm	Adjourn

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This innovative course is designed for both healthcare providers looking to introduce integrative holistic medicine to their practices and seasoned clinicians (MDs, DOs, Nurses, NDs, DCs, LAcS, etc.) seeking meaningful information on improving their business outcomes. Healthcare professionals from all backgrounds will find this important seminar a valuable resource!

*All Pre-conference fees include course tuition, materials, CME credits, breakfast and lunch. Workshops require a separate registration from the main conference.*

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## The Healer Within—Moving Through Change: Self-Care, Self-Compassion & Resiliency



**Speakers:** Daniel Friedland, MD; Molly Roberts, MD; Bruce Roberts, MD; Nita Gage, DSPS, MA; Shannon Simonelli, PhD

**Date:** Saturday, Oct. 24

**Time:** 8:30 am–4:45 pm

**Location:** Paradise Ballroom

**Cost:** \$350; Members \$300

(after Aug. 15: \$450, after Oct. 18: \$475)

**CME:** 7.5 AMA PRA Category 1 Credits™

**For More Information:** Call: 858-652-5400

**Email:** med.edu@scrippshealth.org

Let us accompany you on a personal journey to transform burnout into resiliency. This phenomenal lineup will provide experiences and theoretical perspectives from a variety of models of change, including Daniel Friedland's neuroscience-based model of change, 5Rhythms movement therapy, and shamanic indigenous native teachings.

*All Pre-conference fees include course tuition, materials, CME credits, breakfast and lunch. Workshops require a separate registration from the main conference.*

### Workshop Schedule

8:00 am	Registration and Breakfast
9:00 am	Neuroscience-based Model of Change: From Reactivity to Creativity and the Application to Transform Burnout into Resiliency Daniel Friedland, MD
10:00 am	Shamanism and the Science of Change Molly Roberts, MD, Nita Gage, DSPS, MA
11:00 am	Cycles of Change and How We Experience Them in Mind, Body and Spirit Bruce Roberts, MD
12:00 pm	LUNCH
1:00 pm	Embodying Change: Experiential Session Integrating Indigenous Journey, Guided Imagery, Movement and Art Molly Roberts, MD, Bruce Roberts, MD, Nita Gage, DSPS, MA, Shannon Simonelli, PhD
4:30 pm	Discussion and Integration of Teaching and Experience Daniel Friedland, MD, Molly Roberts, MD, Bruce Roberts, MD, Nita Gage, DSPS, MA, Shannon Simonelli, PhD
5:30 pm	Adjourn