



VIRGIN V DERM16



{ JANUARY 22-24, 2016 }



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## { DESCRIPTION }

This CME accredited meeting, scheduled for January 22–24, 2016 (Friday – Sunday), will be held at the newly renovated Frenchman’s Reef & Morning Star Marriott Beach Resort in St. Thomas, US Virgin Islands. This inaugural meeting will focus on minimally-invasive aesthetics and will include a thorough discussion and live demonstrations of:

- Updated techniques for contouring and rejuvenation with soft tissue fillers and neuromodulators
- Light & energy-based technologies for pigment, vascular, texture and tightening
- Latest technology for non-invasive fat removal and body contouring
- Integration of combination techniques including cosmeceuticals for non-surgical rejuvenation, anti-aging and maintenance of results

The concept of this meeting is an intimate learning experience in an informal tropical setting with world leading experienced faculty successful in maximizing patient satisfaction and outcomes. US Virgin Islands have been chosen as an alternative to Hawaii to reduce travel time and fatigue for mid-West and East Coast physicians. No passport is required.

The meeting is built around the premise that in order for positive changes in practice techniques to occur, the learning environment should be interactive and that participants should acquire simple and specific teachings that can be immediately put into clinical practice.

## { MEETING DETAILS }

<i>Friday, January 22</i>	7:00 AM – 1:00 PM
<i>Saturday, January 25</i>	7:00 AM – 1:00 PM
<i>Sunday, January 24</i>	7:00 AM – 12:30 PM

The meeting is designed to give insight into the clinical experiences of the faculty through a series of lectures and live demonstrations. The lectures will present the latest information in a succinct manner and will include cases with before and after results. A number of faculty are in the process of obtaining a special license from the US Virgin Islands Medical Board which will allow for live patient demonstrations designed to further enhance the learning environment.

After the morning sessions, a series of Master Classes will be available. These are designed to give attendees an opportunity for more in-depth exposure to the latest advances in technologies, products and devices. An emphasis will be placed on the current and prospective scientific data to support these areas.

An interactive audience response system will be utilized allowing us to capture and access participant knowledge points throughout the meeting.

The meeting will be held at the newly renovated Frenchman's Reef & Morning Star Marriott Beach Resort on St. Thomas. A group discount has been negotiated and a limited number of rooms are available on a first-come first-serve basis.

The US Virgin Islands, often referred to as "America's Caribbean Paradise" are located just east of Puerto Rico and include 3 main islands, St. Thomas, St. John and St. Croix as well as the smaller and historical Water Island.

The average temperatures in the US Virgin Islands in January/February boast a high of 85° and a low of 70°. This is in sharp contrast to the average highs of 32° – 42° in cities such as Chicago, New York and Washington, DC! The US Virgin Islands are easily accessible from many major US cities and **NO** passport is required!

# { AGENDA }

DAY 1 | FRIDAY | 1/22/16

## *Welcome | Introduction*

7:00 AM BREAKFAST

7:50 AM - Welcome/Introduction of Faculty  
- Acknowledgements  
- Meeting Announcements  
- CME Information

## *Fillers, Neuromodulators e³ New Injectables | Part One*

8:15 AM Neck/Submental Anatomy – The Next Frontier in Non-Surgical Rejuvenation Derek Jones, MD

8:45 AM Facial Anatomy – Cadaver Dissection Phillipe Kestemont, MD

9:15 AM Facial Anatomy – Where and Where NOT to Inject Arthur Swift, MD

9:45 AM Changing Patient Expectations – Lifts, Lips & Brows Julius Few, MD

10:10 AM BREAK

10:30 AM Minimizing Complications & Simple Management Protocols for What to do When Something Goes Wrong Derek Jones, MD

10:50 AM The Patient on a Budget – Maximizing Results David McDaniel, MD

11:05 AM LIVE PATIENT DEMOS Master Techniques that Deliver Natural, Youthful Results Faculty

11:55 AM Close

NOON – 1 PM Master Class – TBD / LUNCH

# { AGENDA }

DAY 2 | SATURDAY | 1/23/16

*Fillers, Neuromodulators & New Injectables | Part Two  
Energy-based Technologies  
Anti-Aging Strategies*

7:00 AM	BREAKFAST	
7:50 AM	Hand and Chest Rejuvenation Advances	Mitchel Goldman, MD
8:25 AM	Reshaping the Face with Botulinum Neuromodulators – The Natural Look	Julius Few, MD
8:55 AM	A Natural Approach to Rejuvenation	Margaret Weiss, MD
9:10 AM	Pigment and Vascular Issues – Reliable Treatment Options	Naz Saedi, MD
9:30 AM	The Role of Cosmeceuticals for Preparation, Maintenance and Augmentation of Anti-Aging Treatments: A Science-Based Approach	Zoe Draelos, MD
10:00 AM	BREAK	
10:30 AM	Changing Patient Expectations – Lips	Arthur Swift, MD
10:45 AM	Changing Patient Expectations – Lift	Derek Jones, MD
11:05 AM	LIVE PATIENT DEMOS Master Techniques that Deliver Natural, Youthful Results	Faculty
11:45 AM	Designing Treatment Plans for Everyday Cosmetic Patients – Interactive Faculty Session	Faculty
11:55 AM	Close	
NOON – 1 PM	Master Class – TBD / LUNCH	

DAY 3 | SUNDAY | 1/24/16

*Anti-Aging Strategies*

7:00 AM	BREAKFAST	
7:50 AM	The Art of Combination Strategies – Anti-Aging Programs and Maintenance Schedules that can Achieve Natural Looking Facial Enhancement	David McDaniel, MD
8:50 AM	A New Era in Contouring of the Neck and Submentum	Mitchel Goldman, MD
9:00 AM	New Concepts in Photoaging – IR Damage and How to Prevent It	Zoe Draelos, MD
9:30 AM	Face, Neck & Chest Rejuvenation – Role of Energy Based Devices	Robert Weiss, MD
9:45 AM	Using Devices for Photorejuvenation – Video Demos	Faculty
10:00 AM	BREAK	
10:30 AM	Non-Invasive Fat Reduction for Natural Looking Body Contouring	Mitchel Goldman, MD
11:00 AM	Skin of Color – Treatment Challenges & Opportunities and Pearls	David McDaniel, MD / Julius Few, MD
11:30 AM	Using Social Media to Implement New Devices and Procedures into Your Practice	Naz Saedi, MD
11:45 AM	Optimizing Clinical and 3D Photography in Your Practice	Robert Weiss, MD
NOON	Fine Tuning for Natural Results – Combination Approaches – Q & A	Faculty
12:30 PM	Adjourn until 2017	

# { FACULTY }

## *Meeting Co-Chairs*



**Robert A. Weiss, MD**

- Clinical Associate Professor, Department of Dermatology, University of Maryland School of Medicine, Baltimore, MD
- Director, Maryland Laser Skin & Vein Institute, Hunt Valley, MD



**Margaret Weiss, MD**

- Co-Director, Maryland Laser Skin & Vein Institute, Hunt Valley, MD
- Clinical Assistant Professor of Dermatology, University of Maryland School of Medicine, Baltimore, MD



**Mitchel Goldman, MD**

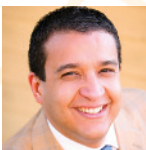
- Private Practice – Cosmetic Laser Dermatology – Goldman Butterwick Fitzpatrick Groff & Fabi, Cosmetic Laser Dermatology
- Volunteer Clinical Professor of Dermatology/Medicine, University of California, San Diego



**David McDaniel, MD**

- Director, McDaniel Institute of Anti-Aging Research and Laser & Cosmetic Center, Virginia Beach, VA
- Co-Director Hampton University Skin of Color Research Institute
- Adjunct Professor in the School of Science, Hampton University
- Adjunct Assistant Professor, Department of Biological Science, Old Dominion University

## *Meeting Host*



**Robert F. Centeno, MD**

- Bitar Cosmetic Surgery Institute, Fairfax, VA



## *Faculty*



### **Zoe Draelos, MD**

- Consulting Professor of Dermatology, Duke University School of Medicine, Durham, NC



### **Julius Few, MD**

- Clinical Professor of Surgery, Division of Plastic Surgery University of Chicago, Pritzker School of Medicine
- Health Science Clinician, Northwestern Memorial Hospital
- Private Practice – The Few Institute for Aesthetic Plastic Surgery Chicago, IL, New York, NY



### **Derek Jones, MD**

- Clinical Associate Professor in Medicine, Dermatology Division, David Geffen School of Medicine, University of California at Los Angeles, CA
- Private Practice – Skin Care and Laser Physicians of Beverly Hills



### **Nazanin Saedi, MD**

- Assistant Professor, Thomas Jefferson University
- Director, Jefferson Laser Surgery and Cosmetic Dermatology Center, Philadelphia, PA



### **Arthur Swift, MD**

- Private Practice – Westmount Institute of Plastic Surgery, Montreal, Quebec, Canada

## { CONTINUING EDUCATION }

### *Physicians*

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint providership of Imedex, LLC and x-Medica, LLC. Imedex, LLC is accredited by the ACCME® to provide continuing medical education for physicians.

This live activity has been approved for *AMA PRA Category 1 Credit™*.

## { REGISTER }

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