



Seminar Series for Caregivers of those with Dementia

Join Kensington Place's Caregiver Resources Seminar Series to learn skills and information that will help you care for your loved one with Alzheimer's or other dementias.

Kensington Place is hosting its second annual Caregiver Support Seminar Series for families, friends, neighbors, and others caring for those with any of the nearly 100 types of dementia. Learn about options for care, available local and national resources, proven tips and techniques for improving care, and much more.

Don't miss any of these free seminars (full curriculum of classes inside).

**For more information or to RSVP for any or all events,
call 650-363-9200**



KENSINGTON PLACE

A Memory Care Community

REDWOOD CITY

2800 El Camino Real, Redwood City, CA 94061

www.KensingtonPlaceRedwoodCity.com

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CAREGIVERS SEMINAR PRESENTED BY KENSINGTON PLACE REDWOOD CITY



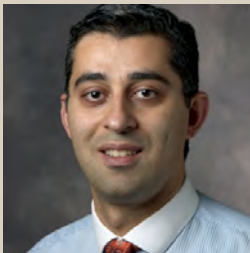
Susan Evans, Family

Susan Evans will share insight on the decision making process from suspecting that her very capable, business-oriented, CEO-Dad had some cognitive concerns, getting answers, being part of clinical trials, making early stage decisions, finding the best physicians, and much more. This is an informal talk therefore questions and sharing experiences are encouraged.

First Family: the Piepers

Thursday, March 31, 2016
6:30 PM - 8:30 PM

Kensington Place
2800 El Camino Real, Redwood City



Dr. Mehrdad Ayati

Dr. Ayati completed his residency at UC Davis and his fellowship at Stanford University. During his residency at UC Davis, Dr. Ayati received the Award of Excellence in Clinical Teaching. Dr. Ayati worked at hospitals such as Lodi Memorial Hospital in Lodi, California, and as an Emergency Medicine Attending at Veteran Affairs in Palo Alto, California. Dr. Ayati worked as a Stanford Medical Director at Los Altos and Palo Alto Sub acute and Rehabilitation centers.

Better Sleep Habits, Better Engagement, Better Aging

Thursday, April 7, 2016
7:00 PM - 9:00 PM

Holbrook Palmer Park
150 Watkins Ave, Atherton



John Graham & Cathy Allen, CTRS

Executive Director and author of *Cheeseburgers for Seniors*, John Graham, and Memory Care Director, Cathy Allen, will share their decades of experience about the nearly 100 different types of dementia, the disease progression, care and concerns for some of the most common types including Alzheimer's, Frontotemporal, Lewy Body, Wernicke-Korsakoff, and Parkinson's Related. Get practical tips for every day issues.

So Your Loved One Has Dementia...

Thursday, April 28, 2016
7:00 PM - 9:00 PM

Kensington Place
2800 El Camino Real, Redwood City

~ 2 SEMINARS ~



Viki Kind

Viki Kind is a clinical bioethicist, professional speaker and hospice volunteer. She is also the author of the award winning, *The Caregiver's Path to Compassionate Decision Making – Making Choices for Those Who Can't*, which guides families and professionals who are making the decisions for those with dementia, brain injuries and other cognitive impairments. As a clinical bioethicist, she has unique tools and strategies that provide a structure and process for making the difficult life, health and end-of-life decisions.

1. Caregiver Tools

Thursday, May 12, 2016
7:00 PM - 9:00 PM

2. When & How to Decide Workshop

Saturday, May 14, 2016
10:00 AM - 2:00 PM

Both seminars are hosted at
Holbrook Palmer Park
150 Watkins Ave, Atherton

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Lars Larsen, Rica Ruiz, Kevin Lesh



Join Lars Larsen of Heritage Financial and volunteer for US Senior Vets, Realtor Rica Ruiz of Keller Williams Realty, and Attorney Kevin Lesh as they share their expertise in finding money in real estate, service programs like the Veterans Aid & Attendance benefit, investments, insurance and more. They have been instrumental in helping thousands by finding resources to ensure the best care available when necessary.

Found Resources: Paying for Care

*Tuesday, May 24, 2016
10:00 AM - 2:00 PM*

Kensington Place
2800 El Camino Real, Redwood City



Tom Bromm

Tom is an independent financial consultant and maintains several licenses that allow him to manage multiple types of investments, do financial planning analysis, and provide asset protection through life, disability, and long term care insurance when needed. Any combination of the above strategies may be recommended.

Financial & Legal Concerns Caring for A Loved One with Dementia

*Thursday, June 2, 2016
7:00 PM - 9:00 PM*

Holbrook Palmer Park
150 Watkins Ave, Atherton



Matthew O'Donnell

Matthew has been an estate planning attorney for more than 30 years with offices throughout the Bay Area. His firm specializes in preserving assets, avoiding probate, minimizing estate tax and long-term-care benefits. Matt has helped more than 5,000 families with "life planning" to prevent court intrusion and control in the event of incapacity and to protect surviving spouses, partners & children.

Grief, Depression, and Dementia: There is Hope

*Thursday, July 7, 2016
7:00 PM - 9:00 PM*

Holbrook Palmer Park
150 Watkins Ave, Atherton



Dr. Patrick Arbore

Dr. Arbore is the Founder and Director of the Center for Elderly Suicide Prevention and Grief Related Services, a program of the Institute on Aging in San Francisco. His presentation helps professionals, family members, and older adults find hope, support, and innovative strategies to successfully manage the challenges associated with aging.

Though space is limited, all events are free of charge and include refreshments by Chef Tony Ng.

RSVP online, by phone or email

650-363-9200

info@KensingtonPlaceRedwoodCity.com

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First Families: The Pieper Family

Join Kensington Place's First Family Susan Evans to learn about physicians, resources, studies, trials, and techniques that they have found valuable.

Moving Dad Earlier Than Expected

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Susan Evans will share insight on the decision process from suspecting that their very capable, business-oriented, CEO-Dad had some cognitive concerns, getting answers, making early stage decisions, finding the best physicians, and triggers for each step.

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6:30- 8:30 PM

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