



HOW TO SEE IF YOU ARE AT RISK?

DVT/PE (Deep Venous Thrombosis/Pulmonary Embolism) kills more people than Breast Cancer, Motor vehicle Accidents, AIDS, and water drowning annually. Unfortunately, we do not see any public awareness, discussions, or any Media Talks about preventing this Deadly Disease. It is a Deadly Disease, kills People on a daily basis.

So, who is at the risk??

Basically anyone and everyone are at high risk of dying from Pulmonary Embolism, and VTE (venous thromboembolism). These are the very common Risk factors for DVT/PE/VTE: Immobility, Recent Hospitalization, Sitting more than 2 hours, frequent traveling (Truck drivers, Taxi Drivers, Pilots, Kids playing Video Games for long hours), Obesity, Underline Cancer, Trauma to upper or Lower Extremity, Girls on Birth control or hormone replacement, Pregnant or postpartum status, History of Pulmonary Embolism , or Deep venous thrombosis, History of Stroke, Recent surgery, and Family history of Venous Thromboembolism or Pulmonary Embolism.

The other risk factors for DVT/PE/VTE are carrying a gene for thrombosis, or certain autoimmune disorders like Lupus, Rheumatoid Arthritis, Players who are not well hydrated after finishing the game; or travel right after finishing the game, and patient with venous insufficiency or cellulite.

Most of the times Pulmonary embolism and DVT/VTE can be prevented if proper steps are taken. Patients, who are at risk, should take Aspirin (with the permission of their Doctor), use Sequential compression Device like Medshoola Pump which is portable and easy to use, and wear compression stocking with 30-40 mmhg. [Check out our blog](#) for the full article on DVT/PE/VTE.

Contact us for a FREE consult! **920-343-6870**