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FOR IMMEDIATE RELEASE

**2016 ANNUAL DeROSE CULTURE EXPERIENCE NEW YORK
OCTOBER 7th at 6:00PM - TICKETS NOW ON SALE**

**PEOPLE ACROSS THE CITY, NATION, AND GLOBE WILL JOIN TO OVERCOME
THEIR LIMITS AT THE DEROSE CULTURE EXPERIENCE LANDMARK EVENT**

*Featuring gravity defying performances, practical sessions for the public and a Keynote Address
by international Author, Scholar and Founder of the DeROSE Method Professor DeROSE*

New York, New York -- On Friday, October 7th, people from New York and around the world will come together at the Marjorie S. Deane Little Theater in midtown Manhattan to participate in New York's eighth annual **DeROSE Culture Experience**.

The DeROSE Culture Experience is designed to inspire and empower people to discover their greatest potential in business, arts and life through short talks and practical trainings that boost focus, health and quality of life. The event will also feature the DeROSE Art Company's premier performance in the US.

The main speaker of the event is Professor DeRose, founder of the DeROSE Method, author, teacher and scholar. He began teaching in 1960 and has written over 25 books on a variety of topics related to his method, lifestyle, quality of life and high performance. The DeROSE Method is a lifestyle proposal that combines high performance techniques and concepts to enhance overall human performance, physical health and fitness, stress management, nutrition and human relations.

The evening event will close with the featured US premier performance by the DeROSE Art Company. Founded in 2007 in Buenos Aires, Argentina, the DeROSE Art Company has continuously been working to innovate and research its unique choreographic language through excellent technique and physical dexterity, with movements that stimulate the senses and defy gravity.

Other speakers taking part in the event are former racer and now music producer **Jaime Alguersuari**, the founder and CEO of Puerta a la Vida, Director of DeROSE Method Tribeca **Prof. Gustavo Oliveira**, and Director of DeROSE Method Greenwich Village **John Chisenhall**.

Tickets now on sale online and a valid ID must be presented at the venue on the day of the DeROSE Culture Experience. Tickets and information available online at www.derosetribeca.com/derose-experience

The DeROSE Method is a lifestyle proposal that combines high performance techniques and concepts to enhance overall human performance, resulting in more strength, flexibility,

balance, movement coordination, breathing, concentrations, stress management, nutrition and good human relations. Its main aim is to increase consciousness and self-awareness.

The DeROSE Art Company was founded in 2007, creating and producing innovative works that explore choreographic language and technique, physical dexterity, and movements that explore the senses and defy gravity.