

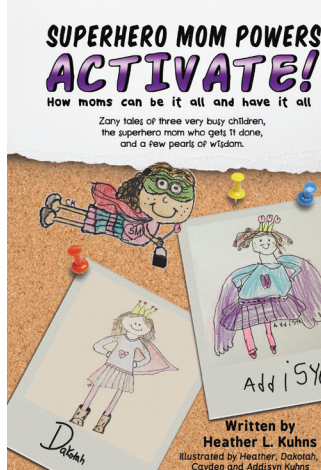
# Superhero Mom Powers Activate

**How moms can be it all and have it all.  
Zany tales of three very busy children, the superhero mom who gets it done, and a few pearls of wisdom.**

By Heather L. Kuhns  
Illustrated by Heather, Dakotah, Cayden and Addisyn Kuhns

Superhero Mom Powers Activate is an inspirational book meant for busy moms who are looking for ways to get it all done in their crazy busy worlds. Author Heather Kuhns takes the readers through her own journey with her three active children, but also offers pearls of wisdom how other moms can connect. The author's hope is that other moms will reflect on their own busy lives and understand that you can get it all done, even in the busiest of worlds.

Each chapter depicts a different 'superhero' mom power and takes the reader through her adventures with her children. A different superhero mom power sets the stage for each chapter, telling the stories of her three children who are always going in different directions. The book takes the reader through the zany tales of an actor, a gymnast and a toddler who just goes along for the ride, and all the craziness that goes with each child and activity. And while the kid stories may not be the same, the need for moms to do it all and be it all, is one that most moms can surely relate to.



Sneak peek of the illustrations...



[superheromompowers.com](http://superheromompowers.com)