

# CONSCIOUS BITE CATERING

CONSCIOUS BITECATERING. COM

#### BEST FRIENDS. BUSINESS PARTNERS. CATERING QUEENS.

We are a Miami-based company that prides itself on providing healthy & delicious food for all our clients. The top quality of the ingredients we use makes a huge difference in flavor and more importantly, your health. Picky eaters, adventurous eaters – whatever your taste, we have something for you!





### ON DECK

Our team of chefs, dietitians and health enthusiasts provide full service catering for corporate events, special events and weddings. From event planning, to menu building and decorating, we've got a professional and friendly crew that's ready to wow you.

We've built a brand new kitchen in the heart of Allapattah where we've got big things cooking! Right next door, we're building out a beautiful bar that will be available as an event venue for all our clients. Stay tuned, Miami! The Conscious Bite Ladies are here to stay.









### **WEDDINGS & SPECIAL EVENTS**

#### WEDDINGS

Happily ever after starts here! From the moment we meet with the bride and groom, our mission is to turn their fairytale wedding into reality. Planning weddings can be stressful, and our team prides itself in lessening that burden and maximizing enjoyment for the happy couple and all their guests. We provide personalized food and drink menus, as well as spatial planning and decorating, all the while reflecting each couples specific tastes and personalities. Make the most special day of your life a breeze with our team of wedding enthusiasts. Let the wedding bells ring!













#### SPECIAL EVENTS

Holidays and special events are meant to be remembered. Conscious Bite Catering can make them unforgettable. We work side by side with each client to ensure that their needs and desires are not only met, but surpassed. While our design team brings each clients vision to life, our chefs and bartenders provide top quality food and drinks, and our wait staff provides impeccable service. We do the menu planning, shopping, decorating, cooking and cleaning – all you need to do is sit back and enjoy the meal.

#### WHAT WE DO

- + Personalized food & cocktail menus
- + Custom event timeline & protocol
- + Decorations, flowers, centerpieces
- + Memory box for bride/honored guest

#### HOW WE DO IT

- + We work with event planners as partners to ensure optimal service
- $+ \ \mbox{We communicate directly with} \\ \mbox{the client}$
- + We offer referral incentives
- + No hassle, no headaches, 100% satisfaction

### **CORPORATE CATERING**

From weekly luncheons to annual corporate parties, we can help you create an experience your employees and associates will dish about all year. We specialize in beautiful office to restaurant events, but we also offer a broad selection of drop-off breakfasts, lunches and snacks. Corporate menus are fully customizable, and we always take special employee preferences and allergies into consideration. Whether you're looking to impress your clients or show your staff some much deserved appreciation, Conscious Bite Catering will bring healthy and delicious food right to your office door, topped only by our friendly and professional service.

#### OUR SERVICES

- + Office to Restaurant
- + Drop-off Buffet
- + Holiday Parties
- + Corporate Luncheons
- + Health Initiative Programs













## conscious bite



ALEX CORTRIGHT

CHIEF EXECUTIVE OFFICER/ CO-FOUNDER

Boss Lady. Cheerleader. Dog Lover.

With young dreams of becoming a cafeteria lady, Alex pursued her passion and brought Conscious Bite Catering to life. She's been closing deals and cooking masterpieces, all the while making our clients and crew feel like family. As a registered dietitian and faithful lover of all things food, she knows how to cook up a storm while keeping it tasty and healthy. Hey, Gordon Ramsey – the next round's on her!



VALERIA
MANAVELLO
CHIEF VISIONARY OFFICER/ CO-FOUNDER

Artist. Feminist. Travel Aficionado.

As a teacher of literature and a student of the world, Valeria takes elements from all facets of her life and makes events sparkle with her unique decorations. She can transform a living room into a chateau dining hall – all she needs is some scissors and duct tape. She's our in house jokester, but knows how to lead our crew of cuisine soldiers towards victory in every event.



KATY
HUDDLESTUN
CHIEF FINANCIAL OFFICER/ CO-FOUNDER

Esquire. Cocktail Connoisseur. Math Whizz.

Katy knows how to get the party started with her inventive and irresistible cocktails that are sure to spruce up any celebration. While she's known to keep the liquor flowing at night, during the day she gets down to business as a public interest lawyer and social justice advocate. In her down time, you'll catch Katy at the beach with a Margarita in hand, or refining her Excel skills and keeping our finances in check.

