Weekly Planning Template

Dates: / / /
My #1 Goal This Week:
My Biggest Challenge(s):



Daily Goal and To-Do Lists:

Monday	Tuesday	
Goals:	Goals:	
1.	1. 2.	
2.		
3.	3.	
To-do:	To-do:	
1.	1.	
2.	2.	
3.	3.	
Wednesday	Thursday	
Goals:	Goals:	
1.	1.	
2.	2.	
3.	3.	
To-do:	To-do:	
1.	1.	
2.	2.	
3.	3.	
Friday	Saturday/Sunday	
Goals:	Goals:	
1.	1.	
2.	2.	
3.	3.	
<i>5.</i>	<u> </u>	
To-do:	To-do:	
1.	1.	
2.	2.	
3.	3.	
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