

# DR. JAMES VELTMAYER — FOR CONGRESS —

## *Who is Dr. Veltmeyer?*

Dr. James Veltmeyer is one of San Diego's leading physicians and a national leader in the battle for common-sense and affordable health care reform. He is the author of the the Medical Association Membership ( MAM ) direct-payer health reform plan which has been covered in both local and national media, such as *The La Mesa Courier*, *East County Magazine*, KNSJ Community Radio, *Real Talk San Diego*, KSEE-24 News, ABC News 10, *Brett Winterble Show*, *Direct Primary Care Journal* and *Concierge Medicine Today*. The MAM would restore the doctor-patient relationship by limiting the role of government and private insurance companies in the health care process.

A graduate of UC San Diego and the Ross University School of Medicine, he completed his residency through the UC San Francisco system where he became Chief, overseeing 36 doctors. Dr. Veltmeyer, a member of the San Diego Critical Care Medical Group, has been elected for four years ( 2012, 2014, 2016, 2017 ) by his colleagues in the San Diego County Medical Society as a "Physician of Exceptional Excellence," the most prestigious honor awarded to a "Top Doctor" in San Diego County. He is among a select group of San Diego physicians who was chosen four of the last fifteen years and he consistently ranks in the top 1% to 2% for patient satisfaction. He is currently the Chief of the Department of Family Medicine at SGH where he provides senior leadership to over 200 doctors.

Dr. Veltmeyer had an unlikely journey to his current position as one of our area's most respected doctors. Born in South America, his family became homeless when his father abandoned his mother and siblings. His mother made the heartbreaking decision to send James alone ( at age 11 ) to live with an aunt in the United States. After a two-year effort to obtain a visa, his aunt in El Cajon was able to bring James to live with her in

San Diego County. Finally, when he was 19, his mother followed and he became the sole provider for his family, holding down multiple jobs while attending school full-time.

Recognizing that education is the ladder to success, James worked hard at local schools like Grossmont High and lived the life of many young immigrants, fighting to achieve the American Dream and now working to see it passed on to his children and future generations.

Dr. Veltmeyer is Board Certified in Family Medicine and holds credentials from the Drug Enforcement Administration, Advanced Life Support in Obstetrics, Advanced Cardiovascular Life Support and NeoNatal Resuscitation. He is a member of the American Board of Family Medicine and the American Academy of Family Physicians. He is also a longtime member of SGH's BioMedical Ethics Committee

Dr. Veltmeyer is married and he and his wife Laura are the parents of two children, Olivia 7, and Landon 5. They are parishioners of All Hallows Catholic Church in La Jolla where both his children attend school. An avid sportsman, Dr. Veltmeyer enjoys surfing on San Diego's world-renowned beaches, as well as golf, tennis, skiing, and chess.

As a doctor, he has to make critical life and death decisions while demonstrating care, compassion, and being held accountable for results. Now, Dr. Veltmeyer is running for Congress and will bring the same passion for excellence and results to the 52<sup>nd</sup> District as our new Representative in Washington, D.C.