

Go To Ortho Frequently Asked Questions

Why Go To Ortho?

You get the highest quality of care and save time, effort and money when you visit Go To Ortho.

By going directly to Go To Ortho's orthopedic specialists, patients can avoid extra appointments, as well as the typically higher costs of emergency room visits for non-life threatening injuries. An average visit at Go To Ortho may last approximately 30 minutes, including waiting time and X-ray, if needed. In comparison, the tracking website [ER Wait Watcher](#) reports 40 to 45 minutes as an average wait time at a Portland-area hospital for someone with a broken bone just to receive pain medication; waiting for treatment or to see a specialist takes much longer.

During an appointment at Go To Ortho, you will get an immediate diagnosis of the injury, corrective treatment, and medication, if needed, by our team of specialists. We'll also discuss the long-term options for recovery. In other clinics, you may get immediate attention, however, you would then be referred to a specialist for examination at a later date, prolonging wait times and increasing costs in physician visits. Not to mention, Go To Ortho's physicians typically are the specialists that you would eventually be referred to for your injury. Going to Go To Ortho lets you go directly to the most qualified specialists first for better outcomes and with less hassle and cost.

When Should I see Go To Ortho versus an emergency room?

If this is a life-threatening emergency, or if you or the injured person is experiencing heart attack or stroke symptoms, loss of consciousness, seizure or uncontrollable bleeding, please call 911.

If your injury is not life threatening and you do not want to wait a prolonged amount of time, come to Go To Ortho. Typical injury symptoms are sharp pain, swelling, bruising and tenderness, particularly as a result of a fall, collision or repetitive strain. Go To Ortho also treats cuts, wounds and joint pain.

What injuries do you treat?

We treat any immediate injury to your muscles, ligaments or bones, including injuries to the shoulders, arms, elbows, wrists, hips, pelvis, legs, knees, ankles and feet. As noted [here on our website](#), we treat:

- bleeding injuries like cuts and wounds.
- damage to the bones and joints, such as breaks, fractures and dislocations.

- muscle and tendon injuries like strains, sprains, crushes and tears.
- problems caused over time like arthritis, tendonitis and bursitis.

Can you do stitches?

Yes.

Can you treat back injuries?

Yes. We treat all back and neck injuries.

Can you treat children?

Yes, we can treat patients of all ages.

I don't live in Lake Oswego – can I still be treated at Go To Ortho?

Yes, we treat patients from throughout the greater Portland Metro area or even those visiting.

Can I book my appointment online?

At this time we are not able to accept online appointments. However, you can walk-in anytime during business hours or call us at 503-850-9950 to book an appointment. No appointments necessary!

What if my injury requires surgery?

Our Go To Ortho physicians do perform surgeries, however, they do not perform surgeries at our clinic location. If your injury requires surgery, we can schedule your procedure with one of our surgeons or an affiliated surgeon at any one of a number of area hospitals convenient for you.

What if my injuries require ongoing treatment?

You've come to the right place because Go To Ortho can provide ongoing treatment. If your injury needs ongoing treatment, you can schedule appointments to continue your treatment with the specialists at Go To Ortho.

Can you send my records to my primary care doctor?

Yes, we can send medical information, with your permission, to other medical clinics and physicians.

Do you handle workers' compensation claims?

Yes. We treat all injuries and are set up to report as needed for workers' compensation.

I've been in a car accident. Can I be treated at Go To Ortho?

Yes, however, if your injuries are life threatening, call 911.

Can I get an MRI at Go To Ortho?

No, but we do perform X-rays and casting on site.

Is my visit at Go To Ortho covered by my insurance?

Yes, we accept most major providers, and can also treat patients both in-network and out-of-network.

Is my co-pay due at the time of my visit?

Yes.