



23rd Clinical Applications for Age Management Medicine Conference

November 2-5, 2017

JW Marriott Starr Pass Resort & Spa, Tucson, AZ

Specially designed for physicians exploring this paradigm-shifting medical specialty – as well as experienced Age Management Medicine physicians

What it delivers

This conference guarantees to stir real change and impact your medical practice. So raise your expectations – from enhancing your knowledge and performance levels to increasing your practice's value with healthier, better outcomes.

Your takeaways

You'll leave with an enriched understanding of preventive medicine – and with the tools and strategies you can use right away, whether you're already practicing Age Management Medicine, adding it to your existing practice, or seeking steps to become certified in our medical specialty.

This activity has been approved for 26 AMA credits plus Nursing & Pharmacy Credits

What it promises

Our absolute best. Choose the sessions that fit your interests, then get ready to learn via expert lecturers, case presentations, interactive panels, revealing science, and transformational protocols. After all, every lecture's content complies with and exceeds ACCME's stringent standards.

An unparalleled medical dimension

Healthcare reform may be on a rocky road, but you don't have to go there. Age Management Medicine offers a substantially better way—where you gain command, practice in a direct-pay and/or managed healthcare model (part- or full-time), and rekindle your medical passion. It's excellence at every turn: a proactive, integrative approach with evidence-based modalities to maximize health potential and delay/halt degenerative aging.

Register now

Gain a new medical perspective – sign up today for our comprehensive, four-day event.

www.AgeMed.org





Training & Certification in Age Management Medicine (see details inside)

Conference Events

(open to all attendees - non-CME)

Thursday, November 2nd

7:00 am - 7:45 am

Compounds That You Can Use in Your Practice and Laws Governing Them

Presented by David J. Metayer (includes complimentary breakfast) Non-CME symposium sponsored by University Compounding Pharmacy

Noon - 1:00 pm

TA-65 Rejuvenates the Aging Immune System: Preliminary Results of a 500 Subject Controlled Trial

Presented by Joseph Raffaele, M.D. (includes complimentary lunch) Non-CME symposium sponsored by T.A. Sciences

Friday, November 3rd

7:00 am - 7:45 am

Use Medical Weight Loss to Expand Your Age Management Practice

Presented by Kimball Lundahl, D.C. (includes complimentary breakfast) Non-CME symposium sponsored by Healthy Habits

12:15 pm - 1:15 pm

Sub-Cutaneous Hormone Pellet Therapy - Alternative Medicine and An Alternative to "Bad Medicine" and A "Fascinating" Way to Help Patients

Presented by Gary S. Donovitz, M.D. (includes complimentary lunch)
Non-CME symposium sponsored by
BioTE® Medical

Saturday, November 4th

7:00 am - 7:45 am

The Spectacular Role of the Human Microbiome in Preventing Metabolic Endotoxemia, the Number One Cause of Mortality Worldwide

Presented by Kiran Krishnan, Microbiologist (includes complimentary breakfast) Non-CME symposium sponsored by Microbiome Labs

Join AMMG

AMMG invites you to support our vision and growth by joining us and becoming a professional member. Visit www.agemed.org to learn about the numerous membership benefits. Join via our website or the registration form in this brochure.

Exhibits / Conference Networking

This conference will feature a select number of quality companies - set in a relaxed, informal atmosphere - who offer valuable insight on products and services to enhance your practice. Although AMMG does not endorse these companies, we have selected and reviewed them carefully and thank them for their support of the Age Management Medicine Group.

"Terrific meeting, keep it up. I will definitely attend again" – G.I., M.D.

What is Age Management Medicine?

Age Management Medicine is a proactive, preventive approach focused on preservation of optimum human function and quality of life, making every effort to modulate the process of aging prior to the onset of degenerative aging. The basic tenets of Age Management Medicine are patient evaluation through extensive medical history, lifestyle assessment, physical examination and laboratory evaluation to establish personalized proactive treatment plans consisting of proper diet, exercise, stress management and appropriate medical interventions.

Who Should Attend

This timely conference is targeted to all healthcare practitioners having an interest in Age Management Medicine and a desire to learn how to implement these various procedures in their practice or healthcare setting. Attending will be physicians, researchers and health professionals, including nurses, physician assistants, nurse practitioners, pharmacists, dentists, chiropractors, psychologists and medical students.

About AMMG

It is the goal of the

Age Management

Medicine Group

(AMMG) to provide ed-



ucation and information on the specialty of Age Management Medicine to physicians and healthcare professionals through evidence-based, continuing medical education conferences, workshops, seminars, publications and Web media. The Group consists of leading industry healthcare professionals, physicians, practitioners, researchers, medical associations and providers of products and services.

Training & Certification in Age Management Medicine



Earn 82 AMA PRA Credits*

AMMG's advanced medical training for forward thinking physicians broadens your knowledge and provokes your thinking-equipping you with a new lens on the medical world and patient care. Three highly progressive and welldeveloped modules deliver the insights, research, and protocols you'll need to practice this outstanding, patient-centered, life-transforming medical specialty.

AMMG offers a multidisciplinary course, covering foundational principles and advanced tools to keep ahead of the 21st century curve and grow your medical specialty. The hallmark of this exceptional program is its contributing experts from relevant fields, clinical innovations - genetic testing to personalized medicine and real case studies, reviewed in problem-solving roundtable discussions.



The AMMG Certification Program includes:

- 82 AMA PRA Credits—*By participating in the AMMG Certification Program you will be eligible to earn 82 AMA PRA Credits. To receive those credits, you must complete all participation requirements
- Online study module begins immediately gaining proficiency in the essential knowledge of Age Management Medicine - culminating in a proficiency exam
- 2-day live interactive training—moving you to a higher level of understanding via case studies and interactive discussions
- Comprehensive final exam—web-based and case-focused

Forward Your Career & Your Medical Practice.

GET CERTIFIED NOW!

To apply or get more information visit agemed.org, email certification@agemed.org, or call 239-330-7495

Conference Planning Committee

Derrick M. DeSilva, Jr., M.D. Committee Chairman Edison, New Jersey

Florence Comite, M.D. New York, New York

Mary L. Corry, R.N., BSN Olney, Illinois

Gary Donovitz, M.D., FACOG, FRSM

Irving, Texas

Mark L. Gordon, M.D. Encino, California

Edwin Lee, M.D., FACE Orlando, Florida

John J. Rush, M.D., FACEP, MBA, MHA Washington, D.C.

George C. Shapiro, M.D. Scarsdale, New York

Accreditation This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of CMEsolutions and Age Management Medicine Group. The CMEsolutions is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The CMEsolutions designates this live activity for a maximum of 26 AMA PRA Category 1 Credits.™ Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The CMEsolutions is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program is approved for 26 contact hours (2.6 CEUs). ACPE Program Number: 0274-9999-17-024-L04-P

This activity has been submitted to the Western Multi-State Division for approval to award nursing contact hours. The Western Multi-State Division is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commis-

For more information regarding contact hours, please call CME solutions 520-544-2938.

Clinical Applications for Age Management Medicine

Thursday, November 2nd - 4 Concurrent Pre-Conference Tracks

Thursday Pre-Conference Track 1: Precision Medicine: Applications in Clinical Age Management Medicine

When the NIH launched their Precision Medicine Initiative it brought the future of healthcare to the forefront of everyday clinical medicine. Because of this high-profile program, patients are going to demand that doctors acquire a better understanding of Precision Medicine— the term, the concept and clinical practice. Physicians who do not understand Precision Medicine or who have not yet begun to incorporate these concepts into their practice risk being left behind, as medicine begins a fundamental shift in the direction of a personalized approach empowering patients to a healthier life. Physicians attending this Track who are new to or have begun this shift will benefit from these insightful lectures and interaction with these experts as they expand their knowledge and refine their protocols.

Precision Medicine: Making Omics Data Actionable

Florence Comite, M.D.

CEO & Founder, Comite Center for Precision Medicine, New York NY

Member, AMMG Conference Planning Committee

Personalized Profiling of Diabetes Using Longitudinal Multi-omics Data

Hannes Röst, Ph.D.

Assistant Professor, Terrence Donnelly Centre for Cellular and Biomolecular Research; Department of Molecular Genetics; University of Toronto, ON, Canada

Whole Exome Sequencing: An Actionable Precision Medicine Tool

Andrew Mills, Ph.D.

CEO and Founder, New Amsterdam Genomics, New York, NY

Telomere Technology: End of DNA as We Know It

Joseph M. Raffaele, M.D.

CEO, PhysioAge Systems, New York, NY

Personal Omics Profiling: Predicting Disease Risk in the Precision Medicine Era

Shannon Rego, MS, CGC

Licensed Genetic Counselor, Snyder Lab, Dept. of Genetics, Stanford University

A Precision Health Approach to IV Therapy

Kelly Bender, N.D.

CEO & Co-founder, Pure Vitality Rejuvenation Center, Los Angeles & Beverly Hills. CA

CEO & Founder, KB Healthy, Los Angeles, CA

Membership Chair, California Naturopathic Doctors Ass'n

Beyond Biomarkers: Precision Medicine Labs for Optimal Longevity

Francisco Carreño, Ph.D.

Clinical Exercise Physiologist, Comite Center for Precision Medicine, New York, NY

Metabolomics and its Role in Precision Medicine

Sandra Merkel DeJames, Ph.D.

Vice President, Precision Medicine, Metabolon, Inc., Morrisville. NC

Panel Discussion: Driving Precision Medicine Into the Clinic: Promises & Challenges

Panel Chair: Florence Comite, M.D.

Panel: Hannes Röst, Ph.D., Kelly Bender, N.D., Shannon Rego, MS, CGC, Francisco Carreño, Ph.D., Sandra Merkel DeJames, Ph.D., Andrew Mills, Ph.D., Joseph M. Raffaele, M.D.

Thursday Pre-Conference Track 2: Introduction to Hormone Optimization

Course is designed to familiarize physicians and healthcare professionals with the basics of hormones for men and women, and an introduction into the evidence based use of hormones to replace and optimize hormone levels within the context of clinical Age Management Medicine.

Quantum Interventional Endocrinology John K. Crisler, D.O.

President, Founder & CMO, All Things Male Center for Men's Health, Lansing, MI

Consulting Physician, Defy Medical Centers

Dept. of Family and Community Medicine, Michigan State University-College of Osteopathic Medicine, East Lansing, MI

Testosterone for Men

Rob Kominiarek, D.O., FACOFP

Director, Alpha Male Medical Institute, Springboro, OH Assistant Clinical Professor, Ohio University College of Osteopathic Medicine

Adrenal, Thyroid, Pregnanalone, DHEA

Rebecca Murray, APRN, FNP-BC, CDE

Endocrine Nurse Practitioner, Institute for Hormonal Balance, Orlando, FL

Medical Director, Ward-Murray HealthCare Consulting, Groton. CT

Progesterone

Rebecca Murray, APRN, FNP-BC, CDE

Endocrine Nurse Practitioner, Institute for Hormonal Balance, Orlando, FL

Medical Director, Ward-Murray HealthCare Consulting, Groton, CT

Laboratory Testing

John K. Crisler, D.O.

President, Founder & CMO, All Things Male Center for Men's Health, Lansing, MI

Consulting Physician, Defy Medical Centers

Dept. of Family and Community Medicine, Michigan State University-College of Osteopathic Medicine, East Lansing, MI

lestosterone for Women

Anna Cabecca, D.O.

Medical Director, Vida Pura Health, Golden Isles Medical, Inc., St. Simons Island, GA

Estrogen: The Good, the Bad & the Ugly G. DeAn Strobel, M.D., FACOG

Founder and President, G. DeAn Strobel, MD, PA, Sherman, TX

Founder and President, Allure Laser & Medical Spa, Sherman, TX

Teaching Faculty, Medical Advisory Board and Mentor, BioTE Medical, Irving, TX

Clinical Pearls to Make Hormone Replacement More Effective and Safe

John Sherman, N.D.

Consulting Physician, Tahoma Clinic, Tukwila, WA Guest Host, Green Medicine Radio Show, KVI-AM, Seattle, WA

Full Agenda, Faculty Biographies and additional session details can be found at www.AgeMed.org

Syllabus will be provided to attendees online for easier access

Thursday Pre-Conference Track 3: Office Based Aesthetics for the Age Management Clinician*

In response to attendee requests for information on aesthetic protocols and treatments which are office based and can be done by non-board certified Age Management Clinicians either full time or as an adjunct to their existing practice, AMMG presents this track in conjunction with the American Academy of Microneedling. The decision not to accredit this track was made so that attendees could be provided with business tools as well as the science and medical information necessary to implement these procedures. The goal is not to make this track commercial but to give speakers in this niche area the leverage to openly discuss procedures and answer questions that could be severely restricted in an accredited environment.

In conjunction with the American Academy of Medical Microneedling

*Track is Non-CMF

Laser Compliance Made Simple

John Cumiskey, D.C., C.L.S.O.

Certified Laser Safety Officer and Instructor, Co-Owner, Integrated Laser Solutions, LLC

PRP Used with Fillers

H. William Song, M.D.

Founder and CEO, Omni Aesthetics, Oakland, NJ

Light Emitting Diodes: Fact or Fiction Bertica M. Rubio, M.D.

Medical Director, Antiaging Regenerative Medicine Clinic, Redlands, CA

Medical Advisor, Rejuvenate Image Restoration, Refine and AQ Skin Solutions

Microneedling: Amplifying Results with Radiofrequency Energy - Lecture & Demonstration

H. William Song, M.D.

Founder and CEO, Omni Aesthetics, Oakland, NJ

Human Adipose Derived Stem Cells (hADSCs) and Their Role in Healing and Skin Rejuvenation

Jordan R. Plews, Ph.D.

Chief Scientific Officer & Co-Founder, Xytogen Biotech

Micro Dermabrasion plus Infusion - <u>Lecture & Demonstration</u>

Laura L. McDermott, BIS, L.E., MA

Licensed Medical Esthetician & Certified Laser Technician

Microneedling with Hands-on Procedure -Lecture & Demonstration

Marie Piantino, L.E.

President, Aesthetic Education Group, LLC Founder, American Academy of Medical Microneedling

Candice Drake Hopkin, M.L.E.

Creator/Owner, Candice Drake Cosmetics

New Appeal of Private Label Brands

Sheila Malmanis, L.E.

President, MS Skintechnical, Phoenix, AZ

Thursday Pre-Conference Track 4: Traumatic Brain Injury: A Clinical Approach to Diagnosis and Treatment

This full day program, TBI – A Clinical Approach to Diagnosis and Treatment, will provide to the attendees overwhelming information culled from peer-reviewed articles on Traumatic Brain Injury as the causative factor for personality changes, cognitive impairment and mood disorders leading up to suicide. The attendees will be walked through the literature discussing the effects of primary trauma and the secondary effects of inflammation and oxidative stress on functionality.

In conjunction with the Warrior Angels Foundation, a 501(c)(3) non-profit organization

A portion of the proceeds from this course will be donated to the Warrior Angels Foundation as they work towards their goal of providing personalized assessment and treatment for U.S. Military service members and veterans who have sustained Traumatic Brain Injury (TBI) while in the line of duty.

Course Faculty

Mark L. Gordon, M.D.

Lifetime Member, AMMG

Medical Director, Millennium-TBI & The Millennium Health Centers; Medical Director, CBS Studios Clinical Professor, USC Keck School of Medicine, Department of Family Medicine, Los Angeles, CA Medical Director of Education, Access Medical Laboratories, Jupiter, FL An Introduction to Traumatic Brain Injury
Neurology, Neuropathology and Neuroendocrinology in Traumatic Brain Injury
The Laboratory of Traumatic Brain Injury
Traumatic Brain Injury and Neurobehavior
Supplementation for TBI - Part I & Part II
Case Studies - Part I & Part II





General Session Curriculum - Friday, November 3rd

Presentation of the Alan P. Mintz, M.D. Award for Clinical Excellence in Age Management Medicine

Consensus Panel Guidelines for the Use of Testosterone in Women

Gary Donovitz, M.D.

Founder & CEO, BioTE Medical, Irving, TX

Testosterone Therapy & Hormonal Balance in Women: An n-of-1 Approach

Florence Comite, M.D.

CEO & Founder, Comite Center for Precision Medicine, New York, NY

Women's Sexual Health

Anna Cabecca, D.O.

Medical Director, Vida Pura Health, Golden Isles Medical, Inc., St. Simons Island, GA

Your Hormones and Breast Cancer...

Friend or Foe?

Gary Donovitz, M.D.

Founder & CEO, BioTE Medical, Irving, TX

Abnormal Uterine Bleeding

G. DeAn Strobel, M.D., FACOG

Founder & President, G. DeAn Strobel, MD, PA, Sherman, TX Founder & President, Allure Laser & Medical Spa, Sherman, TX Teaching Faculty, Medical Advisory Board & Mentor, BioTE Medical, Irving, TX

Comprehensive Clinical Age Management **Evaluation for Women**

Cesar M. Pellerano, M.D.

Preventive Cardiologist, Miami, FL President, Founding Partner & Chief Medical Officer, Hillstar Health LLC, Miami, FL

Appropriate Prescribing of Hormone Re-placement Therapy in Women with CAD or at Risk for CAD

George Shapiro, M.D.

Adjunct Assistant Professor Clinical Medicine, New York Medical College, Valhalla, NY President, Cenegenics, New York City

Laser Vaginal Rejuvenation

Johnny J. Peet, M.D.

Owner/President, Woodlands Medical Aesthetics Institute, The Woodlands, TX

Saturday, November 4th

The Three Year Veterans Traumatic Brain Injury Study

Mark L. Gordon, M.D.

Medical Director, Millennium-TBI & The Millennium Health Centers; Medical Director, CBS Studios Clinical Professor, USC Keck School of Medicine, Department of Family Medicine, Los Angeles, CA Medical Director of Education,

Access Medical Laboratories, Jupiter, FL

Lifetime Member, AMMG

CBD in the Clinical Age Management Setting

Derrick DeSilva, Jr., M.D.

Chairman, AMMG Conference Planning Committee Teaching Faculty, JFK Medical Center, Edison, NJ Co-Chair, Department of Complimentary Medicine and Senior Attending Staff, Raritan Bay Medical Center, Perth Amboy, NJ

Donating Blood for Optimum Health and Longevity: Treatment of the Most Common Side Effect of Androgen Therapy with Precision Medicine

John Sherman, N.D.

Consulting Physician, Tahoma Clinic, Tukwila, WA Guest Host, Green Medicine Radio Show, KVI-AM, Seattle, WA

The Genomics of the Microbiome, an **Emerging Science on the Environment's** Influence on Human Health and Disease Zach Bush, M.D.

Founder & Director, Revolution Health Center, Charlottesville, VA CEO, Biomic Sciences

3 Peptides for a Wellness Practice

Edwin N. Lee, M.D., FACE

Assistant Professor of Internal Medicine, University of Central Florida, College of Medicine, Orlando, FL Founder, Institute for Hormonal Balance, Orlando, FL

Progressive Peptide Therapy: A New Therapeutic Paradigm

Kathy O'Neil-Smith, M.D., FAARM

Private Internal, Integrative and Regenerative Medicine Practice. Newton, MA

Translational Enteroimmunology: How Intestinal Inflammation & Enteric Dysbiosis Promote Endocrinopathy & Metabolic Syndrome. Discussion of Pathophysiology, Diagnostics & Therapeutics en Route to Sustained Healing of Chronic Illness

Dushyant Viswanathan, M.D., ABIM, ABOIM, AACE Medical Director, The Columbia Center for Integrative Medicine, Columbia, MD and Woodland Hills, CA

Testosterone Optimization vs Statins

Cesar M. Pellerano, M.D.

Preventive Cardiologist, Miami, FL President, Founding Partner & Chief Medical Officer, Hillstar Health LLC, Miami, FL

Telemedicine: Where We've Come From, Where We Are, and Where We're Going

John J. Rush, M.D.

Age Management Physician, Washington, D.C.

Sunday, November 5th

The Impact of Hormones, Toxins and the Microbiota on Mood

Filomena Trindade, M.D., MPH

Private Practice, Capitola, CA

Professor, Fellowship in Metabolic & Nutritional Medicine, Morsani School of Medicine, University of South Florida
Faculty, Hormone Module, Institute for Functional Medicine, Gig Harbor, WA

Quantifying Endothelial Damage to Predict Acute Coronary Syndromes: Identifying the Vulnerable Patient Through Inflammatory and Signaling Biomarkers

Doug Harrington, M.D.

Clinical Professor of Pathology, USC Keck School of Medicine, Los Angeles, CA

CEO & Lab Director, Global Discovery Biosciences, Irvine, CA

Role of Intermittent Fasting and Optimal Aging

Evelyn E. Cintrón Pagan, M.D.

President & Founder, Belladona Medical Wellness, Bayamón and Vega Baja, PR

The Redefining of Menopause as a Condition of Inflammation and Oxidation; It's not the Hormone but Its Home

Cheryl Burdette, N.D.

Education Director & Owner, Dunwoody Labs, Dunwoody, GA Faculty, Integrative Medicine Program, George Washington University, Washington, D.C.

The Root Cause of Thyroid Disease

William Clearfield, D.O., FAAMA, DABMA, FAARFM Medical Director, Clearfield Family Medicine & Ageless Zone Medical Spa, Reno, NV

Conference Registration Form

November 2-5, 2017

Registration Fees

Check appropriate category.

Source Code (if applicable):_____

Category	Dates	Valid Thru 9/29	Effective 9/30	On Site Rate
Physician 4 day Full Conference 3 day Conference 1 day Preconference	November 2-5	\$795	\$895	\$995
	November 3-5	\$695	\$785	\$875
	November 2	\$295	\$335	\$375
Healthcare Professional 4 day Full Conference 3 day Conference 1 day Preconference	November 2-5	\$660	\$745	\$830
	November 3-5	\$575	\$645	\$720
	November 2	\$245	\$275	\$315

Farly Rird Rate

Preconference Track Preference (select one)

- ☐ Precision Medicine
- □ Hormone Optimization□ Office Based Aesthetics
- ☐ Traumatic Brain Injury

AMMG Membership

visit www.agemed.org for details

1 year professional membership 2 year professional membership Lifetime membership \$150

Regular Rate

Age Management

To Register:	Online:	www.agemed.org
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Phone: 239-330-7495 (please have your credit card available)

Fax: Fill out this form and fax to 847-728-2118

Credit Card:	VISA	MasterCard	American Express		
Name as it app	ears on card				
Card Number_					
Expiration Date		Amount \$ _			
Signature					
Fill out this form and send with check payable to AMMG (or pay with credit card by filling out information					

Mail:

Fill out this form and send with check payable to AMMG (or pay with credit card by filling out information

above) and mail to: AMMG, 1534 Serrano Circle, Naples, FL 34105 USA

ATTENDEE & BADGE INFORMATION (Please Print) This form may be photocopied for additional attendees.

Nume			
First		Last	
Academic / Professional Credentials			
Address			
City		Zip	Country
Phone	_ Email		
How did you hear about the Conference?			

Syllabus will be available online for easier access

Cancellation Policy - AMMG will offer a full refund less \$75 administrative fee for refund requests made in writing, postmarked or emailed no later than October 2. Refunds will not be issued to no-show registrants. Substitutions are welcome in lieu of cancellations.

JW Marriott Tucson Starr Pass Resort & Spa

Discover luxury without compromise at the **JW Marriott Tucson Starr Pass Resort & Spa**. Perfectly situated amongst the saguaro-covered foothills of the picturesque Sonoran Desert, you will be welcomed with beautifully appointed guest rooms and suites, a remarkable range of luxury amenities and a fantastic location; the best of Tucson at your fingertips. Perfect your swing with championship



course play at Starr Pass Golf Club, tantalize your taste buds with exceptional cuisine at one of the on-site restaurants, treat yourself to a day of pampering at the signature spa or simply relax by the stunning multi-level pool, which also boasts a waterslide and lazy river.

The AMMG Conference room rate is \$199 per night. To make your reservation call 1-877-622-3140 or book your room online at www.agemed.org under the Hotel tab.

NOTE: To receive our discounted rate you will need to mention that you are attending the Age Management Medicine (AMMG) Conference.