

## Monarch Dental Kicks Off Share a Smile Food Drive in the Fort Smith Community Monarch Dental Fort Smith joins Antioch for Youth & Family in the fight against hunger in Sebastian County

The <u>Monarch Dental</u><sup>®</sup> location in Fort Smith, Arkansas is joining forces with Charolette Tidwell and Antioch for Youth & Family to collect much-needed food items to be distributed at the food pantry to those in need. The Share a Smile Food Drive is already underway!

Currently, one in five Arkansans struggles to provide enough food for their family. And 25 percent of the children in this state have limited access to adequate food. Monarch Dental aims to make it easier for people to get the support they need, whether that means affordable dental and orthodontic care or necessary staples to stock their pantry. By turning the Fort Smith office into a Share a Smile Food Drive drop-off point, Monarch Dental is making it easier than ever for area residents to make a positive impact on the lives of their neighbors across Sebastian County. In an effort to encourage even more people to participate in the food drive, Monarch Dental will be offer anyone who donates five or more non-perishable food items a choice of one of three different discount opportunities.

- Free exam and X-rays (available to new patients)
- \$100 off dental services
- \$500 off braces

"All of us at Monarch Dental have strong connections to the communities we serve," notes Dr. Richard Smith. "We believe that no one should be left hungry any time of the year, and we're proud to stand together with Antioch for Yough and Family to gather much-needed food for our neighbors in need."

Last year, the Fort Smith office hosted a food drive that resulted in 8,000 pounds of food donations. This year, the office aims to top that amount and challenged several other Monarch Dental offices across the state to beat this number, too.

"Thanks to the generous donations from great local partners like Monarch Dental, we're continuing the fight against hunger in Western Arkansas, and putting nutritious food into the hands of those who don't have enough to eat," said Charlotte Tidwell, CEO of Antioch for Youth and Family.

To make a person smile this season and earn valuable discounts of dental and orthodontic treatments, bring five or more non-perishable food items to the <u>Monarch Dental Fort Smith</u> location (8700 S 36<sup>th</sup> Terrace). For more information on the discounts offered and a complete list of the most needed food items, visit our <u>blog post</u> for more info on the items needed.

## About Monarch Dental

Monarch Dental provides general dentistry, children's dentistry and specialty care services such as orthodontics, oral surgery, periodontics and endodontics at 89 locations throughout Texas, Arkansas and Utah. Monarch Dental affiliated practices makes it easy and affordable for individuals and families to get the dental care they need with convenient locations, extended hours and same-day appointments. The Monarch Dental mission is to create healthier smiles by making dental visits easy and enjoyable. Learn more at <u>www.monarchdental.com</u>.

## About Antioch for Youth & Family

Antioch for Youth and Family, an all-volunteer nonprofit effort, serves Western Arkansas with community solutions through persistence and partnerships. The Food Pantry provides over 800,000 meals in a community where one-in-five people are food insecure. Senior and Veterans Mobile Pantries deliver food to low income elderly, disabled and struggling families.

Whenever possible, fresh produce is provided at the pantry, to seniors and veterans, and to food insecure children as they leave their elementary schools. A seed-to-table farming initiative focuses on family nutrition.

Outreach efforts support and inspire at-risk children, deliver kindnesses to the frail and dying in low-income nursing facilities, and provide heartfelt family guidance and assistance.

Soon, a new location will offer a dedicated 10,000 square foot space where any individual or family in difficult straits can receive food assistance. Photo identification, social security cards for each member of the household and proof of residency is all that is required to receive food assistance. Learn more at <a href="http://www.antiochyouthfamily.org">http://www.antiochyouthfamily.org</a>.

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