

FOR IMMEDIATE RELEASE
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Omega Women's Leadership Center Names New Director

Abby Graf Subak Brings Community Engagement Experience & Organizing Skills to Dynamic Women's Leadership Hub

RHINEBECK, NY—The Omega Women's Leadership Center (OWLC) has selected Abby Graf Subak to be its new director. Graf Subak has devoted her career to developing progressive nonprofit organizations, including working with such esteemed nonprofits as 92nd Street Y, Idealist.org, and Arts Gowanus (Brooklyn, NY). She brings to the OWLC extensive experience in community building, program development and implementation, strategic planning, fundraising, training, and organizational development.

“At a time when growing women's leadership is so vital to creating a climate for positive change, we are thrilled about the skills and excellence Abby will bring to the OWLC, and our shared commitment to advancing women's voices and impact,” said Carla Goldstein, president of Omega Institute and cofounder of the OWLC.

At Arts Gowanus, Graf Subak transformed the organization from a 1-event, 3-volunteer operation into a major presence for artists and community members with year-round programming, more than 25 active volunteers, and thriving fundraising. While the director of organizing at Idealist.org, her accomplishments included launching a global initiative of people acting on their good intentions and making a difference in their communities. As a consultant for the 92nd Street Y in Manhattan, she developed programs to engage global constituencies in women's leadership initiatives. As a consultant for the #GivingTuesday philanthropic campaign, she ran a project funded by the Bill and Melinda Gates Foundation to collect and share everyday people's stories of generosity, with the goal of inspiring others to also give back. Earlier Graf Subak worked at Public Conversations Project, an Omega partner, and she has served on several community service boards. She is the mother of two teenagers.

“I feel incredibly honored to join Omega and the OWLC team at such an important time in history for women to be stepping up into positions of leadership,” said Graf Subak. “I have long admired Omega's nonprofit work, and the substantial impact the OWLC has had on countless women around the world,” concluded Graf Subak.

Starting almost 20 years ago with the acclaimed Women & Power conference series, dedicated to inspiring women to Do Power Differently®, the OWLC today provides more than a dozen annual programs ranging from single-day sessions on public speaking, to a weeklong multifaceted leadership intensive, to a yearlong cohort program for nonprofit leaders who address a wide range of social justice issues, as well as online learning programs.

For more information visit eOmega.org/owlc, and follow the OWLC on [Facebook.com/owlc](https://www.facebook.com/owlc).

About the Omega Women's Leadership Center

Founded in 2012, the Omega Women's Leadership Center (OWLC) is a hub for catalyzing a new way of envisioning women's leadership. The OWLC offers an interdisciplinary leadership curriculum to support personal and professional development throughout the lifespan—for

aspiring leaders who want to hone skills and deepen self-understanding; and for established leaders who are looking to make a change, give back, and impact the world. eOmega.org/owlc

About Omega Institute for Holistic Studies

Founded in 1977, Omega Institute for Holistic Studies is the nation's most trusted source for wellness and personal growth. As a nonprofit organization, Omega offers diverse and innovative educational experiences that inspire an integrated approach to personal and social change. Located on 250 acres in the beautiful Hudson Valley, Omega welcomes more than 23,000 people to its workshops, conferences, and retreats in Rhinebeck, New York, and at exceptional locations around the world. eOmega.org

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