

# **FREEBOUNDER®**

## **NEWS RELEASE**

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**CONTACT:** Kaitlyn Krizanic  
Kaitlyn@FREEBOUNDER.com  
+1 (248) 505-6693

### **FREEBOUNDER®: Big Impact on Life, Low Impact on Joints**

*The FREEBOUNDER® is an exciting new innovation in the physical therapy space*

**[Winnetka, IL]** Backed by clinical research, performed at the University of Wisconsin, the FREEBOUNDER® is shown to have less impact on joints compared to walking. Holding five patents, the FREEBOUNDER® is now ready to help people through their physical therapy journey utilizing a variety of twelve low-impact exercises.

The FREEBOUNDER® has started to be used by practitioners and patients alike. Julia Karlstad, a certified personal trainer in San Antonio, Texas, works with special populations and those with mobility challenges. She has been using the FREEBOUNDER® with her clients and hears rave reviews. She says, “When they get on the FREEBOUNDER® it brings out their inner kid, reminding them of [summers] jumping on a trampoline.” There aren’t many complaints when the FREEBOUNDER® is thrown into their workout routine. Additionally, she has been able to guide clients with Multiple Sclerosis through a cardiovascular workout on the machine that is fun and allows for muscle targeting that is usually limited by their mobility challenges.

Another positive story is from Joel Jäger, who contracted polio as a child and, as a result, has severe atrophy in his left leg causing it to become weak and need a brace. He states that he is, “the poster child for the FREEBOUNDER®”. Usually hitting fatigue and almost collapsing before the end of a two-mile walk, he now uses the FREEBOUNDER® six days a week at thirty-minute intervals. He says that he has the ability to move his body in directions and ways that he usually can’t.

The FREEBOUNDER® will be debuting and available to try at this year’s American Physical Therapy Association Conference held at the Colorado Convention Center, February 12-15, 2020.

FREEBOUNDER®: Created by John G. Louis, sports medicine pioneer and serial entrepreneur. John started Louis Innovation with the pursuit of powerful solutions and to create life changing products. His guiding mission is to improve your life.

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If you would like more information about the FREEBOUNDER®, please email Kaitlyn Krizanic at [Kaitlyn@FREEBOUNDER.com](mailto:Kaitlyn@FREEBOUNDER.com) or visit [FreeBouncer.com](http://FreeBouncer.com)