NCT against respiratory viruses

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5	Title: N-chlorotaurine, a novel inhaled virucidal antiseptic is highly active against
6	respiratory viruses including SARS-CoV-2 (COVID-19)
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33 Abstract

N-chlorotaurine (NCT) is a long-lived oxidant generated in activated cells of the innate 34 35 immune system, namely neutrophilic and eosinophilic granulocytes and monocytes. NCT 36 acts as an antiseptic agent that can be synthesized chemically and applied topically on 37 different infected body sites. Even treatment of the lower respiratory tract via inhalation, which has been in development in the last years, was well tolerated in a recent phase I 38 39 clinical trial. In this study, we demonstrate the activity of NCT against viruses causing acute 40 respiratory tract infections, in fact severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2), influenza viruses, and respiratory syncytial virus. 41 NCT revealed broad virucidal activity against all viruses tested. In the presence of organic 42 proteinaceous material simulating body fluids, this activity was enhanced by transchlorination 43 mechanisms so that significant inactivation of viruses could be achieved within 1 - 10 44 45 minutes. Inhalation of 1.0% NCT as a prophylactic and therapeutic strategy against acute viral 46

47 respiratory tract infections deserves comprehensive clinical investigation.

49 Introductory paragraph

50 Background

The coronavirus disease 2019 (COVID-19) pandemic is the major challenge of humanity 51 52 presently. No highly effective treatment or a vaccine is available so far. Application of Nchlorotaurine (CI-NH-CH₂-CH₂-SO₃Na, NCT), a safe, well tolerated, endogenous, mild 53 antiseptic with anti-inflammatory properties may be a significant step forward to combat 54 COVID-19 and other viral respiratory tract infections. NCT as an inhaled anti-infective has 55 56 already demonstrated broad-spectrum microbicidal activity against bacteria, fungi, viruses and protozoa. Here, we aimed to establish the virucidal activity of NCT against three main 57 viruses responsible for lower respiratory tract infections, namely severe acute respiratory 58 syndrome coronavirus 2 (SARS-CoV-2), influenza A virus, and respiratory syncytial viruses 59 60 (RSV).

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The COVID-19 pandemic is caused by SARS-CoV-2. The pandemic is affecting individuals, 62 populations, and health systems far beyond infection. The virus might persist globally and 63 become a prolonged or permanent threat ^{1,2}. Up to date, there is no breakthrough regarding 64 a highly sufficient and well tolerated prophylaxis, vaccine or therapy. The race for a cure is a 65 global effort and different approaches have been developed and are currently studied ^{1,3}. 66 Another major public concern is posed by influenza viruses, which annually cause 3-567 68 million cases of severe illness and about 290 000 to 650 000 of death worldwide ⁴. Protection 69 by the yearly influenza virus vaccine is unsatisfactory and resistance against existing antiviral drugs develops rapidly ⁵. Therefore, new tools to combat influenza viruses are urgently 70 71 needed.

One less known intervention is inhalation therapy with antiviral agents. An appeal for the inhaled route of administration has been published recently ⁶. A first advantage is direct delivery of a high concentration of the medication to the lung, where the virus causes most of the severe problems ⁷. Furthermore, topically applied therapies that are not systemically distributed avoid interactions with systemic medications, which are frequently necessary in

elderly or multimorbid patients who are particularly at risk for severe COVID-19 complications 77 ⁸. An ideal inhaled drug should have broad-spectrum antimicrobial activity to cover not only 78 79 SARS-CoV-2, but also co-infections and superinfections with other respiratory viruses and microorganisms (bacteria and fungi) 9-11. Antiviral drugs are often specific to distinct viruses, 80 but identifying the virus causing an infection requires logistic and diagnostic efforts, which in 81 the case of SARS-CoV-2 amounts to at best one to two days for a diagnosis¹². Such an ideal 82 inhaled broad-spectrum drug mentioned above could be applied instantly regardless of the 83 84 pathogen causing the respiratory illness and would thus eliminate the need for timeconsuming diagnostics. Another key requirement is anti-inflammatory activity of the 85 compound to downregulate the 'cytokine storm', particularly for SARS-CoV-2, which causes 86 hyper-inflammation in severe cases ¹³. 87

88 One molecule that fulfils the criteria of broad-spectrum antimicrobial (virucidal, bactericidal, fungicidal, protozoocidal) and anti-inflammatory activity ^{14,15}, and good 89 tolerability upon inhalation is *N*-chlorotaurine (CI-NH-CH₂-CH₂-SO₃-)¹⁶. It is known since the 90 91 1970's as a product of activated human granulocytes and monocytes and belongs to the 92 long-lived oxidants and chloramines formed by the myeloperoxidase via hypochlorous acid to combat invading pathogens ¹⁷⁻¹⁹ (Fig. 1). Moreover, *N*-chlorotaurine is thought to be involved 93 in the control of inflammation by downregulating of nuclear factor kappaB activation, 94 chemokines and proinflammatory cytokines such as tumor necrosis factor alpha, some 95 prostaglandins and interleukins like IL-6^{15,20,21}. The synthesis of the sodium salt of N-96 chlorotaurine (CI-NH-CH₂-CH₂-SO₃Na, NCT) was successful in our laboratory ²², which 97 enabled its development as an endogenous anti-infective and mild antiseptic in human 98 medicine. As an active chlorine compound belonging to the class of chloramines, it has the 99 100 typical broad-spectrum microbicidal activity without development of resistance against Gram-101 positive and Gram-negative bacteria including multi-resistant strains, yeasts and moulds, protozoa, and worm larvae (for review see ^{14,23,24}). Broad-spectrum activity was found against 102 adenoviruses ²⁵⁻²⁷, herpes viruses 1 and 2 ^{26,27}, human immunodeficiency virus ²⁸, and it was 103 104 shown in vivo against adeno and herpes viruses in epidemic keratoconjunctivitis up to a

phase II study as well as in herpes zoster in a case report, respectively ²⁹⁻³¹. Activity against
coxsackievirus A24 and enterovirus 70 was found by the NCT-derivative *N*,*N*-dichlorodimethyltaurine *in vitro* ³².

108 In the last years, inhalation of NCT has been investigated and developed in detail. Enhanced bactericidal and fungicidal activity has been found in the presence of lung 109 epithelial cells ³³. Tolerability of repeatedly inhaled NCT has been confirmed in the normal 110 lung and in a streptoccoccal inflammation model each in pigs, and in the normal lung of mice 111 ³⁴⁻³⁶. In humans, tolerability was confirmed in a placebo-controlled phase I clinical study ¹⁶. 112 Only minor and transient adverse effects were found, i.e. chlorine taste and occasional tickle 113 in the throat ¹⁶. NCT is not distributed systemically, which explains the absence of systemic 114 adverse effects. 115

A safe, well tolerated, endogenous, inhaled substance with broad-spectrum activity against pathogens supported by anti-inflammatory properties may be a significant step forward for treatment of COVID-19 and other viral infections of the lower airways without the need of further diagnostics to discriminate between the infectious agents. In this regard, the aim of the present study was to establish and characterize the virucidal activity of NCT against three major viruses responsible for respiratory infections in humans, namely SARS-CoV-2, influenza viruses, and RSV *in vitro*.

123

124 Results

125

NCT was incubated with SARS-CoV-2, influenza A virus or RSV, followed by assessment of virus inactivation using various readouts. NCT at a clinically relevant concentration of 0.1% -1.0% demonstrated virucidal activity against SARS-CoV-2 (SARS-CoV-2 BavPat1, hCoV-19/Australia/VIC01/2020, clinical isolate 1.2 Innsbruck), influenza A virus, and RSV (RSV long strain). Longer NCT-exposure periods were required to inactivate SARS-CoV-2 than to inactivate influenza viruses or RSV. In the presence of organic matter, inactivation of viruses was even enhanced so that a significant reduction of plaque forming units and infected cells,

respectively, could be observed already after 5 min with SARS-CoV-2 by 1.0% NCT.

134 Controls without NCT and specific inactivation controls showed full viral replication in all

135 cases to warrant valid results. Detailed results are presented in the following paragraphs.

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137 Virucidal activity of NCT against SARS-CoV-2

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Inactivation of SARS-CoV-2 was assessed by incubating stock virus with NCT for indicated 139 140 time periods at 37°C and then determining the remaining infectious particles using plaque assay or immunostaining as well as determining virus inactivation via RT-gPCR or TCID50. 141 Exact incubation times of virus with NCT were ensured by adding met/his at the end of the 142 incubation period, which inactivates NCT. All assays demonstrated a significant inactivation 143 of SARS-CoV-2 with slight differences according to the individual test method and strain 144 used. With plague assay readout, a significant reduction in infectious particles was detected 145 after 15 min of incubation, when incubating SARS-CoV-2 with NCT in a buffered agueous 146 solution (Fig. 2a). The mild oxidizing activity of the test antiseptic may explain why it took as 147 148 long as 15 min to reduce infectious particles. In the presence of Vero cells (Fig. 2b) or particularly 5.0% peptone (Fig. 2a), however, a significant reduction of infectious virus 149 particles occurred already after 5 min of incubation with 1.0% NCT. This remarkable 150 enhancement of activity by organic load is typical for NCT and shown for viruses for the first 151 152 time here and is explained most likely by transhalogenation (see discussion). 153 Virus inactivation assays with immunostaining readout showed a 50% reduction of infected cells after 1 min (not significant, p = 0.085), 20 - 80% reduction after 5 min (p = 0.0102), 81 -154 91% after 7 min (p < 0.01), 81 – 97% after 10 min, 96 – 99% after 20 min, and > 99% after 155 156 30 min (p < 0.0001 for these values). A logarithmic scale with respective statistics is provided in Fig. 2c. The results found by RT-gPCR assay were similar with a highly significant 157 reduction of genome copies (Fig. 2d). This was further confirmed by the TCID50 readout 158 159 (Fig. 2e).

The antiviral activity was concentration-dependent. Inactivation controls demonstrated full 160 inactivation of 1.0% NCT by 1.0% methionine / 1.0% histidine (met/his). This was valid for all 161 tests and viruses in this study. Absence of cytotoxicity of inactivated NCT to the inoculated 162 163 cell culture was proved by MTT testing with values of MTT reduction of 94.1 ± 8.5 (0.1% NCT plus 0.1% met/his) and 100.3 \pm 5.6 (PBS control) (p = 0.12 by Student's unpaired t-test). 164 165 Virucidal activity of NCT against influenza viruses 166 167 Inactivation of influenza viruses was assessed like inactivation of SARS-CoV-2 by incubating 168 stock virus with NCT for indicated time periods at 37°C and then determining the remaining 169 infectious particles using plaque assay. 170 171 Virus inactivation as determined by plaque assay readout demonstrated an even faster 172 inactivation of influenza viruses by NCT compared to SARS-CoV-2. All tested virus strains were inactivated rapidly with a 2 log₁₀ reduction of the H3N2 virus within 5 min (Fig. 3a) and a 173 6 log₁₀ reduction of H1N1 and H1N1pdm viruses within 1 min by 1.0% NCT (Fig. 3b and 3c). 174 175 In general, H1N1 and H1N1pdm viruses were more susceptible than the H3N2 virus. Addition of ammonium chloride (NH₄CI) to NCT significantly enhanced its activity against 176 influenza viruses (Fig. 3d). Ammonium chloride alone and the inactivation control with 0.1% 177 NCT plus 0.1% ammonium chloride showed no antiviral effect at least up to 10 min 178 incubation time. 179 180

181 Virucidal activity of NCT against RSV

Inactivation of RSV was assessed like inactivation of SARS-CoV-2 and influenza A viruses. As with SARS-CoV-2 and influenza A virus, inactivation of RSV as determined by plaque assay readout demonstrated a significant reduction of PFU/ml by NCT compared to mock treated controls. The incubation of RSV with 1.0% NCT resulted in a rapid drop of infectious virus titre with 4 log₁₀ decrease within 5 minutes (Fig. 4). Almost no detectable amount of infectious RSV was measurable after 15 minutes. In the presence of 0.1% NCT, RSV titres

dropped in a time- and concentration-dependent manner reaching significant titre reductionafter 15 minutes (Fig. 4).

190

191 Discussion

Safe, well tolerated, affordable, and effective medications are urgently needed against 192 COVID-19 and would be beneficial for treatment of viral bronchopneumonia caused by other 193 viruses such as influenza and RSV. As an endogenous mild long-lived oxidant ¹⁷, inhaled 194 195 NCT has been demonstrated to be well tolerated and safe in animals (pigs and mice) and in a clinical phase I study in humans ^{16,34-36}. As an active chlorine compound belonging to the 196 class of chloramines, it has broad-spectrum activity against pathogens without occurrence of 197 resistance because of the oxidizing mechanism of activity with thio- and amino-groups as the 198 main targets ^{14,22,23}. 199

200 Actually, in the present study NCT had clear virucidal activity against three enveloped RNA viruses highly relevant for infections of the bronchopulmonary system. Depending on 201 the NCT-concentration and test conditions, a rapid reduction of the number of infectious virus 202 203 particles by several powers of ten within 1 - 10 minutes is achieved. Influenza A viruses of pre-pandemic and pandemic H1N1 subtype (H1N1 and H1N1pdm) were the most sensitive 204 ones with reduction to the detection limit by 1.0% NCT within 1 min, followed by RSV, 205 influenza (H3N2), and SARS-CoV-2. These differences can be explained by individual 206 207 dynamics of oxidation and chlorination of proteins of the viral surface, and of penetration of 208 NCT and attack on the viral nucleocapsid proteins. All these target sites have been shown with the NCT analogue N,N-dichloro-2,2-dimethyltaurine in adenovirus type 5 37 . Thereby, 209 chlorination of the surface proteins is the first step ³⁸, which can be assumed to impact their 210 211 function and therefore the attachment of viruses to body cells. Oxidation and chlorination of 212 virulence factors of different pathogens by NCT and analogue chloramines with the consequence of their inactivation has been also shown for shigatoxin of *Escherichia coli* ³⁹, 213 several toxins of Staphylococcus aureus ⁴⁰, aspartyl proteinases of Candida spp. and 214 gliotoxin of Aspergillus fumigatus ^{41,42}. This indicates that inactivation of key proteins of all 215

kinds of pathogens is a central principle of the antimicrobial action of NCT and may underline
such a function in innate immunity besides its anti-inflammatory one ^{15,20,23}.

Accordingly, NCT has not only virucidal activity against enveloped viruses (herpes 218 virus type 1 and 2^{26,27}, human immunodeficiency virus 1²⁸, and the viruses of the present 219 study), but also non-enveloped ones. From the latter, a panel of adenoviruses has been 220 tested mainly due to their importance in epidemic keratoconjunctivitis ^{25,27,30}. Similar to other 221 active halogen compounds and other antiseptics such as tensidic compounds ⁴³, 222 adenoviruses are slightly less sensitive to NCT than the enveloped viruses ²⁷. Nevertheless, 223 efficacy of NCT in vivo against adenoviruses in epidemic keratoconjunctivitis has been 224 proven in the New Zealand White rabbit ocular model and in a phase II study in humans ^{30,31}. 225 Application of NCT had a curative effect in a patient suffering from therapy-refractory herpes 226 zoster infection in the upper thoracic area ²⁹. 227

It must be taken into account that organic substances are omnipresent in vivo (in all 228 human body fluids and tissues), and therefore we performed a part of the inactivation assays 229 in the presence of organic matter as well. The results of Fig. 2a clearly show an 230 231 enhancement of the virucidal activity of NCT in the presence of 5.0% peptone, which in the first view appears surprising since active chlorine compounds underlie a decrease of their 232 oxidation capacity by chlorine-reducing substances of such organic load ^{23,44,45}. With NCT as 233 a low-reactive chloramine compound, however, transchlorination as one of the reaction 234 mechanisms becomes important ^{14,23}. Thereby, amongst others, monochloramine (NH₂Cl) is 235 formed in equilibrium from NCT and ammonium chloride ^{14,17}. 236

237

238 CI-HN-CH₂-CH₂-SO₃⁻ + NH₄CI \leftrightarrow H₂N-CH₂-CH₂-SO₃⁻ + NH₂CI + H⁺ + Cl⁻ 239 NCT + ammonium chloride \leftrightarrow taurine + monochloramine

240

Monochloramine is more lipophilic than NCT and penetrates microorganisms more easily, which leads to enhanced inactivation by the reaction just mentioned ^{17,46}. The stronger activity of NCT in the presence of fluids containing proteinaceous material is a general

principle observed in different compositions, such as artificial sputum medium, different body 244 fluids, peptone, and plasma for bacteria and fungi (for review see ^{14,24,47}). In the present 245 246 study, it has been confirmed for viruses for the first time, too. The discrepancy between the incubation time of 15 min (Fig. 2a) and of 10 min or less (Fig. 2b-e) needed for a significant 247 viral reduction in buffer solution in different tests may be explained by the presence of 1.0% 248 FCS in the tests depicted in Fig. 2c-e and organic matter in the presence of Vero cells in Fig. 249 2b. In agreement with these results, enhancement of the bactericidal and fungicidal activity of 250 NCT in the presence of different lung epithelial cells was observed recently ³³. 251

Enhancement of antimicrobial and antiviral activity by organic material is of practical relevance for topical treatment of infections with NCT, for instance bronchopulmonary ones. The concentration of active chlorine after the end of an inhalation of 1.0% NCT decreases to traces within 1 min and vanishes completely after further 10 min ¹⁶. Inhalation for 10 min is feasible and well tolerated, and within this time an impact on SARS-CoV-2 and on other viruses can be expected *in vivo*, too, but remains to be evaluated in respective clinical studies.

259 Also of practical relevance is the fact that NCT has broad-spectrum activity against viruses, including important representatives relevant for bronchopulmonary infections 260 (SARS-CoV-2, influenza viruses, RSV). Topical treatment of all these virus infections by 261 inhaled NCT without the necessity of a diagnosis of the specific virus at hand is conceivable 262 263 and should urgently be investigated in clinical studies. Notably, the activity of NCT against bacteria and fungi, including multi-resistant ones, may prevent super- and secondary 264 infections, which are a considerable problem in COVID-19 patients as well ⁹⁻¹¹. In addition, 265 the anti-inflammatory activity of NCT might have the potential to influence the aggressive 266 267 inflammatory response by downregulating the 'cytokine storm' and prevent airway damage in severe ill patients with SARS-CoV-2 infection. 268

Further advantages of NCT would be high safety and high tolerability by human tissue ¹⁴,
absence of systemic absorption, of systemic adverse effects ¹⁶, of systemic interaction with

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271	other medications, and of resistance development because of the oxidizing and chlorinating
272	mechanism of action ^{14,23} .
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274	Conclusions
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276	NCT demonstrated rapid activity against SARS-CoV-2, influenza A viruses, and RSV at a
277	therapeutic concentration of 1.0% that can be safely inhaled. The activity is enhanced by an
278	organic environment, which is omnipresent in human body fluids and tissues in vivo. Clinical
279	efficacy of NCT in viral bronchopulmonary infections should be investigated in respective
280	clinical studies.
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282	
283	Methods
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285	Reagents
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287	N-chlorotaurine sodium salt (NCT, molecular weight 181.57 g/l, lot 2020-03-17) was
288	prepared in pharmaceutical quality as established at our Department and frozen at minus
289	20°C for storage ²² . For testing, it was freshly dissolved in phosphate-buffered saline (PBS)
290	at pH 7.1 (7.0 – 7.2) to desired stock concentrations between 1.0% (55.08 mM) and 10%.
291	As inactivation solution for NCT, a mixture of 1.0% methionine and 1.0% histidine (met/his, L-
292	methionine and L-histidine, both from Carl Roth GmbH, Karlsruhe, Germany) in distilled
293	water was used ⁴⁸ . For tests in peptone, peptone enzymatic digest from Casein was applied
294	(Fluka no. 82303, Sigma-Aldrich GmbH, Buchs, Switzerland). RPMI-1640 medium and fetal
295	calf serum (FCS) were from Sigma-Aldrich GmbH, too.
296	
297	Viruses, virus cell culture and preparation of viral suspensions
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299 **SARS-CoV-2**

300

301 Robert Koch-Institute, Berlin (RKI)

SARS-CoV-2 BavPat1 strain was obtained from Christian Drosten's laboratory at the Institute
of Virology at Charité Universitätsmedizin Berlin. Vero E6 cells were maintained in DMEM
(supplemented with 10% FCS, 2 mM L-glutamine, non-essential amino acids, 1mM sodium
pyruvate, 100 mg/ml streptomycin and 100 units/ml penicillin). For virus stock preparation,
Vero E6 monolayer cultures grown in 75 cm² cell culture flasks were infected with a
multiplicity of infection (MOI) of 0.01 in PBS (supplemented with 0.3% BA) for 2 days at 37°C
and 5.0% CO₂. The supernatant was harvested and stored at minus 80°C until use.

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310 Biolabs, Melbourne (Biolabs)

311 COVID-19 strain used was SARS-CoV-2 hCoV-19/Australia/VIC01/2020 (Melbourne's Peter Doherty Institute for Infection and Immunity, Melbourne, Australia). Parent stock of the virus 312 was passaged twice in Vero cells. A working stock was generated at 360biolabs by two 313 314 further passages in Vero cells in virus growth media, which comprised Minimal Essential Medium without L-glutamine supplemented with 1.0% (w/v) L-glutamine 1.0 µg/ml of TPCK-315 Trypsin, 0.2% BSA, 1 x Pen/Strep, and 1.0% Insulin Transferrin Selenium (ITS), then a 316 further 2 passages in Vero E6 cells in growth media. This growth media comprised MEM 317 318 supplemented with 1.0% (w/v) L-glutamine, 4.0 µg/ml of TPCK-Trypsin and 2.0% (v/v) heat 319 inactivated FBS.

African Green Monkey Kidney (Vero E6) cells (ATCC-CRL1586) were sub-cultured to generate cell bank stocks in cell growth medium, which comprised Minimal Essential Medium without L-glutamine supplemented with 10% (v/v) heat-inactivated Fetal Bovine Serum and 1.0% (w/v) L-glutamine. Cell stocks were frozen at minus 80°C overnight and then transferred to liquid nitrogen. Vero E6 cells were passaged for a maximum of 13 passages, after which a new working cell bank stock was retrieved from liquid nitrogen for further use. Vero E6 cells were seeded into 96-well plates at 2 x 10^4 cells / well in 100 µl E6 seeding

- 327 media (Minimal Essential Medium supplemented with 1.0% (w/v) L-glutamine, 2.0% FBS).
- Plates were incubated overnight at 37°C, 5.0% CO₂.
- 329
- 330 Institute of Virology, Innsbruck
- SARS-CoV-2 Isolate 1.2 was a clinical isolate from a patients' respiratory swab sample in
 Innsbruck, Austria. Virus stocks were produced on Vero/TMPRSS2 cells, kindly provided by
- 333 Dr. Markus Hoffmann and Prof. Stefan Pöhlmann, Leibniz Institute for Primate Research,
- 334 Göttingen, Germany⁴⁹. Cells were cultured in DMEM plus 10% FCS and Pen/Strep. For
- 335 Virus stock production, 80% confluent Vero/TMPRSS2 cells were infected with a MOI of 0.01
- in DMEM plus 2.0% FCS. The supernatant was harvested 60 h post infection. Virus aliquots
- 337 were stored at minus 80°C.
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- 339 <u>Influenza</u>
- 340
- 341 Robert Koch-Institute, Berlin (RKI)
- 342 Influenza A/Panama/2007/1999 (H3N2) virus was grown in the allantois cavity of 11 day old
- 343 embryonated chicken eggs for 2 days. Virus was harvested, clarified by centrifugation
- 344 (300xg, 10 min) and stored at minus 80°C until use. Madin-Darby-Canine-Kidney (MDCK) II
- 345 cells (ATCC) were maintained in MEM (supplemented with 10% FCS, 2 mM L-glutamine,
- 100 mg/ml streptomycin and 100 units/ml penicillin) at 37°C and 5.0% CO2.
- 347
- 348 Institute of Hygiene and Medical Microbiology, Innsbruck
- 349 Influenza A/Singapore/Hongkong/2339/2000 (H1N1) was kindly provided by H. Katinger,
- 350 Institute of Applied Microbiology, University of Natural Resources and Applied Life Sciences,
- 351 Vienna, Austria. Influenza A/Swine Origin Virus (S-OIV)/California/2009 (H1N1pdm) was a
- 352 clinical isolate from Innsbruck, Austria.
- 353 Influenza viruses were grown on MDCK cells (Collection of Cell Lines in Veterinary Medicine,
- 354 Friedrich-Loeffler-Institut, Federal Research Institute for Animal Health, Greifswald,

Germany). MDCK cells were grown in 25 cm² cell culture flasks (Sarstedt, Inc. Newton, NC, USA) in RPMI plus 10% FCS to a monolayer. The medium was replaced by 5 ml RPMI without FCS, and 10 μ l of 1 mg/ml trypsin (final concentration 0.002 mg/ml) was added to activate neuraminidase. Viral suspension deep frozen at minus 80°C in RPMI (200 μ l) was added. After 60 h of incubation at 37°C, a cytopathic effect was seen in all cells, and the supernatant was taken and centrifuged at 275 x g. The supernatant again was used as viral suspension for the tests.

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363 <u>RSV</u>

RSV long strain, (kindly provided by T. Grunwald, Fraunhofer Institute for Cell Therapy and
Immunology, Leipzig, Germany), was generated by infection of HEp2 cells at low MOI as
described previously ⁵⁰. Virus titers were determined in plaque assays by infection of HEp2
with serial dilutions of the virus followed by immunocytochemical staining with polyclonal goat
antibody against RSV (Gt X RSV, Merck) and HRP-conjugated rabbit polyclonal anti-goat
IgG (Novusbio). 3-Amino-9-ethylcarbazole (AEC, Sigma) was used as a chromogen in
immunohistochemistry to visualize the RSV infected cells.

371

372 Virus inactivation tests (quantitative killing assays) with NCT

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- 374 General overview of the test method
- 375

376 The viral suspension was mixed with NCT (final concentration 0.1% to 1.0%) and incubated

at 37°C for 1, 5, 7, 10, 15, 20, 30, 45, and 60 min. At the end of each incubation time,

- 378 aliquots were removed and diluted in 1.0% met/his to inactivate NCT and to warrant exact
- 379 incubation times. Virus inactivation was assessed by subsequent plaque assay,
- immunostaining or RT-qPCR as detailed below.
- 381 Controls were done in PBS or PBS with 5.0% peptone without NCT in parallel as well as
- inactivation controls. For the latter, 1.0% NCT was mixed with met/his before the addition of

the respective virus. The virus must survive in the inactivation solution to obtain reliableresults, which was the case in all tests.

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386 **SARS-CoV-2**

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388 Virus inactivation assay with plaque assay readout (RKI Berlin)

Three µl of concentrated virus suspension (4.76 × 10⁹ PFU/ml) were added to 400 µl of NCT 389 390 (1.0% or 0.1% in PBS), NCT with peptone (1.0% NCT, 5.0% peptone in PBS) or PBS and incubated at 37°C. After 5, 15, 30 and 60 min, 100 µl were removed and added to 100 µl of 391 met/his. As inactivation control, 100 µl of 1.0% NCT or 1.0% NCT with 5.0% peptone were 392 added to 100 µl of met/his and thereafter 0.75 µl of virus suspension were added. Infectious 393 394 virus particles in all suspensions were determined with plaque assay. Briefly, a serial tenfold dilution of the virus suspension in PBS with 0.3% bovine albumin was added to confluent 395 Vero E6 cells in 12-well plates, which were washed with PBS immediately before. After 396 incubation at 37°C for 1h, the inoculum was removed followed by a washing step with PBS. 397 398 Avicel-overlay medium (double-strength DMEM supplemented with 10% FCS, 1.0% DEAE dextran, 5.0% sodium bicarbonate and 1.25% Avicel) was added and plates incubated at 399 37°C and 5.0% CO₂ for 3 days before staining with crystal violet for visualization of plaques. 400 Counted plaques are expressed as plaque forming units per ml (PFU/ml). 401

402

403 Virus inactivation assay with plaque assay readout (GLP lab 360 biolabs, Melbourne) Cell seeding media were removed from a pre-seeded plate (assay plate) and cell monolayers 404 were washed with PBS twice. A volume of 50 µl of non-supplemented MEM was added to all 405 406 wells except the isopropanol positive control wells. A volume of 50 µl of (4.0% or 0.4%) NCT 407 was added to NCT-treated wells, 50 µl of non-supplemented MEM was added to virus only wells and 100 µl of isopropanol (≥ 99.5%, Sigma-Aldrich) added to positive control wells. A 408 409 100 µl volume of SARS-CoV-2 (B3) that had been pre-diluted 1:10 in non-supplemented 410 MEM was added to all wells. Plates were incubated for 5, 10, 20, and 60 min at 37°C, 5.0%

411 CO_2 . An additional 100 µl of virus growth media containing TPCK trypsin required for virus 412 growth (MEM supplemented with 1.0% (w/v) L-glutamine, 2.0% FBS and 8 µg/ml TPCK 413 trypsin) was added to plates pre-seeded with Vero E6 cells that samples were to be titrated 414 onto.

At each time point, 100 µl of either 1.0% or 0.1% NCT media was removed from the 415 assay plate and added to either 100 µl of met/his in distilled water to inactivate the NCT. The 416 positive control and virus only controls were also diluted 1:2 into distilled water. Each sample 417 418 was diluted a further 1:10 into virus growth media, MEM supplemented with 1.0% (w/v) Lglutamine and 2.0% FBS containing 4.0 µg/ml of TPCK trypsin (i.e. 100 µl of inactivated 419 sample + 900 µl of virus growth media). The remaining virus after NCT inactivation was 420 quantified by addition of 100 µl volume of 1:10 diluted inactivated NCT to triplicate wells of 421 96-well plate pre-seeded with Vero E6 cells. Plates were incubated at 37°C, 5.0% CO₂ for 4 422 days. Virus-induced CPE was scored visually. The TCID₅₀ of the virus suspension was 423 determined using the method of Reed-Muench⁵¹. The virucidal effect was quantified as the 424 log₁₀ reduction in virus titre compared to the SARS-CoV-2 control. Isopropanol (≥ 99.5%) was 425 426 used as the assay positive control.

For inactivation controls, 100 μ l of NCT at 4.0% and 0.4% was added to 100 μ l of 4.0% met/his or 0.4% met/his prior to addition of virus. A volume of 100 μ l of this inactivation mix was added to wash pre-seeded Vero E6 cells. To this, 100 μ l of virus pre-diluted 1:10 in non-supplemented MEM was added and incubated at 37°C, 5.0% CO₂ for 10 min or 60 minutes. Following the incubations, 100 μ l was diluted into 900 μ l of virus growth media containing 4 μ g/ml of TPCK trypsin (1:10). The remaining virus was quantified as outlined above.

434

435 Absence of cytotoxicity of inactivated NCT to the inoculated cell culture.

436 As a cytotoxicity control, the 1.0% NCT and 0.1% NCT was set up the same and inactivated

437 by met/his as outlined above but instead of 100 µl of virus being added, 100 µl of non-

438 supplemented MEM was added. These samples were treated exactly the same as above

439	and titrated across pre-seeded cells to ascertain any cytotoxicity observed by the NCT. For
440	cell viability staining, a 100 μ l volume of a 3 mg/ml solution of 3-(4,5-dimethylthiazole-2-yl)-
441	2,5-diphenyl tetrazolium bromide (MTT) was added to cytotoxicity control plates and
442	incubated for 2 h at 37°C in a 5.0% CO_2 incubator. Wells were aspirated to dryness using a
443	multichannel manifold attached to a vacuum chamber and formazan crystals solubilised by
444	the addition of 200 μI 100% 2-Propanol at room temperature for 30 minutes. Absorbance was
445	measured at 540 – 650 nm on a plate reader. Absorbance values were averaged and
446	reported as % reduction of MTT to formazan.
447	

448 Virus inactivation assay with immunostaining and RT-qPCR (Virology Innsbruck).

449 Each 150 μl of NCT (2.0% in PBS) and of virus suspension (in DMEM plus 2.0% FCS plus 2

450 mM glutamine, plus Pen/Strep) were mixed and incubated at 37°C. After each incubation

time, 50 µl were removed and transferred to an equal volume of met/his. Controls were done

452 in PBS without NCT. As inactivation controls, 75 µl of 2.0% NCT in PBS were added to 150

453 μl of met/his, followed by addition of 75 μl virus suspension. After serial tenfold dilution of this

454 suspension, 50 µl each were added to 90% confluent Vero/TMPRSS2 or

455 Vero/TMPRSS2/ACE2 cells in 96-well plates, from which the medium was removed

456 immediately before. After incubation of 1 h at 37°C, the supernatant was removed, and after

457 a washing step with 100 µl of medium, 100 µl of fresh medium was added. After further 9 h

458 incubation, cells were fixed for immunostaining or total RNA was extracted for RT-qPCR as

459 described below.

460

Immunostaining (detection by antibodies and peroxidase-marked second antibody)
After fixation for 5 min with 96% EtOH, cells were blocked for 15 min with PBS containing
0.1% FCS. Subsequently, cells were stained using serum from a SARS-CoV-2 recovered
patient and horse radish peroxidase (HRPO)-conjugated anti-human secondary antibody.
The signal was developed using a 3-amino-9-ethylcarbazole (AEC) substrate. Infected cells
were visible as red spots and the number of infected cells was counted using an

467	ImmunoSpot S6 Ultra-V reader and CTL analyser <i>BioSpot</i> ® 5.0 software (CTL Europe	
468	GmbH, Bonn, Germany).	
469		
470	RT-qPCR	
471	For RNA extraction, the supernatant was removed, and the cell monolayer was washed twice	
472	with PBS. The cells were lysed 5 min at room-temperature using 100 μ l in-house direct lysis	
473	buffer (10 mM Tris-HCL pH 7.4, 25 nM NaCl, 0.5% IGEPAL, 10 Units RiboLock RNase	
474	Inhibitor in DEPC-treated water) 52 . Subsequently, 5 μ I RNA was used in a one-step RT-	
475	qPCR assay using the iTaq $^{ extsf{TM}}$ RT-PCR (BIO-RAD) kit and previously published primers and	
476	probes specific for detection of the SARS-CoV-2 E Gene on a CFX96 [™] real-time system	
477	(BIO-RAD) ⁵³ .	
478		
479	Virus titration by TCID ₅₀	
480	Virus titrations were performed by tenfold serial dilution and end-point titration on 10 ⁴	
481	Vero/TMPRSS2/ACE2 cells per well in 96-well microtitre plates. Four days after inoculation,	
482	the CPE was analysed and the TCID $_{50}$ titre was calculated.	
483		
484	Influenza	
485		
486	Virus inactivation assay with plaque assay readout (RKI)	
487	Eight μ I of virus suspension (A/Panama/2007/1999 (H3N2), 1.3 × 10 ⁸ PFU/mI) were added to	
488	400 μI of NCT (1.0% or 0.1% in PBS) or PBS and incubated at 37°C. After 5, 15, 30 and 60	
489	min, 100 μI were removed and added to 100 μI of met/his. As inactivation control, 100 μI of	
490	1.0% NCT were added to 100 μl of met/his and thereafter 2 μl of virus suspension were	
491	added. Infectious virus particles in all suspensions were determined with plaque assay.	
492	Briefly, a serial tenfold dilution of the virus suspension in PBS with 0.3% bovine albumin was	
493	added to confluent MDCK II cells in 12-well plates, which were washed with PBS	
494	immediately before. After incubation at 37°C for 1 h, the inoculum was removed followed by	

a washing step with PBS. Avicel-overlay medium (double-strength MEM supplemented with
0.2% BA, 1.0% DEAE dextran, 5.0% sodium bicarbonate, 1 mg/ml TPCK-trypsin and 1.25%
Avicel) was added and plates incubated at 37°C and 5.0% CO₂ for 2 days before staining
with crystal violet for visualization of plaques. Counted plaques are expressed as plaque
forming units per ml (PFU/ml).

500

501 Virus inactivation assay with plaque assay readout (Hygiene and Medical Microbiology502 Innsbruck)

503 MDCK cells (2 x 10⁴ / well) were grown in 96- well flat microtitre plates (Becton Dickinson

Labware and Company, Franklin Lakes, NJ USA) for 24 h in RPMI plus 10% FCS.

505 Subsequently, the medium was replaced by 100 µl of plain RPMI per well.

506 Each viral strain (H1N1 and H1N1pdm) was tested separately. Tenfold concentrated NCT

507 (10.0%, 5.0%, and 1.0%, respectively) in distilled water (50 µl; water without NCT for

controls) was added to 450 μ l of virus suspension in RPMI (pH 7.2) to a final concentration of

509 1.0%, 0.5%, and 0.1%, respectively, and incubated for 1, 5, and 10 min at 22°C. A separate

series of experiments was done with a final concentration of 0.1% NCT (5.5 mM) plus 0.1%

ammonium chloride (18.7 mM) (Merck) and 1 min incubation time. At the end of the

incubation time, aliquots of 100 μ l were removed and mixed with 100 μ l of met/his to

inactivate NCT. Aliquots of 11 μ I of this viral suspension in inactivated NCT were added to

the MDCK cells in 96-well microtitre plates containing 100 µl RPMI per well. A series of

515 tenfold dilutions in microtitre plates was performed. Inoculated plates were incubated at 37°C

and 5.0% CO₂ and evaluated for plaques after 5 days. As inactivation controls, 100 µl each

of 1.0% NCT and met/his were mixed. An aliquot of 50 μI was added to 450 μI of virus

518 suspension.

519

520 **RSV**

RSV was incubated in the presence or absence of NCT at a final concentration of 0.1% and
1.0% for 5, 10, 15, 30 and 60 minutes at 37°C. Virus (24 µl in DMEM plus 1.0% FCS and 2

523 mM L-glutamine) was mixed with 24 µl of NCT in PBS. After indicated time-points, 48 µl of 524 met/his was added to stop the reaction. As inactivation control, NCT was preincubated with 525 equal amount of met/his for 10 minutes at RT prior to incubation with RSV. Infectious virus 526 particles in all samples were titrated in plaque assay using HEp2 cells as described above. 527 Aliquots of 25 µl were serially diluted in 100 µl of medium (DMEM plus 10% FCS and 2 mM 528 L-glutamine) in microtitre plates, and 100 µl of Hep2 cells were added.

529

530 **Statistics**

Results are presented of mean values and standard deviation (SD) of generally at least three 531 independent experiments each. Detection limits are indicated by dotted lines in the figures. 532 Student's unpaired t-test, in cases of two groups, and one-way analysis of variance (ANOVA) 533 and Dunnett's multiple-comparison test, in cases of more than two groups, were used to test 534 for differences between the test and control groups. P values of < 0.05 were considered 535 significant for all tests and indicated as * p < 0.05, ** p < 0.01, *** p < 0.001, **** p < 0.0001. 536 Calculations were performed with GraphPad Prism 7.00 software (Graph-Pad, Inc., La Jolla, 537 538 CA, USA).

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701

702 Author Contributions

- A.R., A.V., M.S., T.W., A.L., J.F. and H.S. performed the assays against SARS-CoV-2, M.S.,
- T.W., J.S. and M.N. the assays against influenza viruses, B.M. and Z.B. the assays against
- RSV. M.L., M.N., C.S., D.v.L., planned the work, made the concept and guided the work.
- 706 M.N. and M.L. wrote the manuscript under contribution of all other authors. All authors edited
- and approved the manuscript.

708

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- 714 Competing Interests statement
- M. Nagl is co-inventor of a patent on the application of NCT for inhalation (EP 2265267 B1).
- All other authors declare no conflict of interest.

719 Figures





735 Fig. 2a

736

737 Fig. 2: Inactivation of SARS-CoV-2 by NCT.

a, Virus suspension (SARS-CoV-2 BavPat1) was incubated with 1.0% (55 mM) NCT, 0,1% 738 (5.5 mM) NCT, 1.0% NCT with 5.0% peptone or PBS or 5.0% peptone for 5 min, 15 min, 30 739 740 min, or 60 min at 37°C, after which samples were diluted 1:1 in met/his solution for inactivation of NCT. Remaining infectious virus particles were determined using plaque 741 titration. To control for inactivation of NCT by met/his, virus was added after dilution of 1.0% 742 NCT with or without peptone in met/his. Mean values ± SD of three to eight independent 743 experiments in duplicates. The dotted line indicates the detection limit (0.84 log₁₀). Data were 744 745 statistically analysed using a two-way ANOVA including a Dunnett's multiple comparison test to PBS controls. * p < 0.05, ** p < 0.01, *** p < 0.001, **** p < 0.0001. Of note, the 746 inactivation of the virus by NCT was markedly enhanced in the presence of peptone. 747



750 Fig. 2b

751

752 Fig. 2: Inactivation of SARS-CoV-2 by NCT.

b, Virus suspension (SARS-CoV-2 h CoV-19/Australia/VIC01/2020) was incubated with NCT

or PBS or isopropanol (positive control) for 5 min, 10 min, 20 min, and 60 min at 37°C and

then diluted 1:1 in met/his for inactivation of NCT, followed by plaque titration. Mean values ±

SD of three independent experiments. Detection limit 3.11 log₁₀ (dotted line).

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764 Fig. 2c

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766 Fig. 2: Inactivation of SARS-CoV-2 by NCT.

c, Virus suspension (SARS-CoV-2, clinical isolate) was incubated with 1% NCT or PBS for 1
min, 5 min, 7 min, 10 min, 20 min, and 30 min at 37°C. After inactivation of NCT and serial
dilution, aliquots were added to Vero/TMPRSS2/ACE2 cells for 1 h in 96-well plates. Cells
were washed, incubated for further 9 h, and fixed for Immunostaining (c) or RT-qPCR (d). In
immunostaining, infected cells were visible as red spots and counted using an ImmunoSpot
S6 Ultra-V reader and CTL analyser *BioSpot*® 5.0 software. Mean values ± SD of three
independent experiments.

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d, After cell lysis and RNA extraction, one-step RT-qPCR assay was performed using the iTaq[™] RT-PCR (BIO-RAD) kit and previously published primers and probes specific for detection of the SARS-CoV-2 E Gene on a CFX96[™] real-time system (BIO-RAD). Mean values ± SD of genome copies of three independent experiments. Detection limit 2.10 log₁₀ RNA copies/ml (dotted line).



Fig. 2: Inactivation of SARS-CoV-2 by NCT.

e, Virus titration by TCID₅₀. Mean values ± SD of two independent experiments. Detection

limit 1.50 log₁₀ (dotted line).



- 813 line).
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b, Inactivation of Influenza A/California/ Swine Origin Virus/2009 (H1N1pdm) by 0.1%, 0.5%

822 and 1.0% NCT.

Virus suspension was incubated with NCT in RPMI or plain RPMI for 1 min, 5 min, and 10

min at 22°C, after which samples were diluted 1:1 in met/his solution for inactivation of NCT.

825 Remaining infectious virus particles were determined using plaque titration. Mean values ±

826 SD of four independent experiments. Detection limit 2.35 log₁₀ (dotted line).

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Fig. 3: Inactivation of influenza viruses by NCT.

- **c**, Inactivation of Influenza A/Singapore/Hongkong/2339/2000 (H1N1) by 0.1% and 1.0%
- 835 NCT and (d) by 0.1% NCT and 0.1% (5.5 mM) NCT plus 0.1% (18.7 mM) ammonium
- chloride compared. Test procedure and number of independent experiments as in Fig. 3b.
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1 min incubation time

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839 Fig. 3d

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841 Fig. 3: Inactivation of influenza viruses by NCT.

c, Inactivation of Influenza A/Singapore/Hongkong/2339/2000 (H1N1) by 0.1% and 1.0%

- 843 NCT and (d) by 0.1% NCT and 0.1% (5.5 mM) NCT plus 0.1% (18.7 mM) ammonium
- chloride compared. Test procedure and number of independent experiments as in Fig. 3b.
- 845 Inactivation control in (d) consisting of 0.1% NCT plus 0.1% NH₄Cl plus inactivator.
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850 Fig. 4

851852 Fig. 4: Inactivation of respiratory syncytial virus by NCT.

Virus suspension was incubated with 1.0% or 0.1% NCT or PBS for 5 min, 10 min, 15 min,
30 min, or 60 min at 37°C, after which samples were diluted 1:1 in met/his solution for
inactivation of NCT. Remaining infectious virus particles were determined using plaque
titration. Mean values ± SD of three independent experiments. Detection limit 1.90 log₁₀
(dotted line).

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