



Superior Access. Exceptional Care.



NEWS RELEASE

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FOR IMMEDIATE RELEASE

St. Louis bone, joint clinic offering outpatient joint replacement with nurse navigator
Same-day hip, knee, shoulder replacements for faster recoveries at Orthopedic Associates

ST. LOUIS. (June 2021) – Specialty-trained joint replacement surgeons at Orthopedic Associates are offering outpatient joint replacement. Performed at the practice’s on-site Des Peres Square Surgery Center at their main location in St. Louis at 1050 Old Des Peres Road, Suite 150, outpatient joint replacement allows patients who meet specific criteria to recover at home the same day as their procedure. Additionally, Orthopedic Associates’ unique, comprehensive outpatient joint replacement program includes a nurse navigator to ensure support, guidance and optimal outcomes. Patients experiencing chronic joint pain are encouraged to call (314) 569-0616 to schedule an appointment with one of the total joint care experts at Orthopedic Associates.

In addition to the support of a dedicated nurse navigator, the following are some of the other benefits patients will experience with the comprehensive outpatient joint replacement program at Orthopedic Associates:

- A comfortable environment at the state-of-the-art Des Peres Square Surgery Center.
- Care from a specialty-trained joint replacement surgeon.
- Modern opioid-sparing anesthesia techniques and minimally invasive surgical approaches.
- Lower cost compared to traditional joint replacement surgery.
- Reduced risk of infection/COVID-19 exposure due to avoiding the hospital environment.
- The ability to go home the same day surgery is performed.
- The convenience of a one-stop shop for all orthopedic needs: pre-op and post-op care, surgery, lab tests, prescriptions and physical therapy .

“At Orthopedic Associates, we’re committed to providing our community with superior access to exceptional joint care for the hip, knee and shoulder,” says board-certified, fellowship-trained orthopedic surgeon and Orthopedic Associates Practice President Dr. Ryan Pitts. “As part of that

commitment, our outpatient joint replacement team is proud to offer a comprehensive program to ensure area patients can receive the exceptional care and support they deserve throughout their entire care journey.”

Dr. Pitts graduated from medical school at Saint Louis University School of Medicine and completed his residency at the prestigious Mayo Clinic. He completed his fellowship training in sports medicine at Washington University School of Medicine, and he is board-certified in orthopedic surgery and subspecialty-certified in sports medicine. Dr. Pitts specializes in arthroscopic surgery of the shoulder, knee and hip as well as total joint replacements, including outpatient joint replacements, and the treatment of work-related injuries. He is available to see patients at Orthopedic Associates’ main location in St. Louis as well as at the Eleven South Professional Building in Columbia, Illinois.

Along with Dr. Pitts, the outpatient joint replacement team at Orthopedic Associates includes specialty-trained, board-certified orthopedic surgeons Dr. James Burke, Dr. Richard Hulsey, Dr. Robert Kramer and Dr. Christopher Mudd. Having completed extensive education as well as advanced training in joint replacement, these doctors have an in-depth understanding of the hip, knee and shoulder joints as well as the entire musculoskeletal system. Their vast skills, knowledge and expertise allow them to provide a variety of surgical and nonsurgical treatment options, including outpatient joint replacement for the hip, knee and shoulder.

To learn more about outpatient joint replacement or to schedule an appointment at Orthopedic Associates, call (314) 569-0616.

Since 1958, Orthopedic Associates has been dedicated to providing superior access to exceptional bone, joint and muscle care to patients in St. Louis, Bonne Terre and Fredericktown, Missouri; Columbia, Illinois; and the surrounding areas. Delivering compassionate, individualized treatment for orthopedic injuries and conditions, Orthopedic Associates offers specialized care for the ankle, back, elbow, foot, hand, hip, knee, neck, shoulder, spine and wrist as well as in joint replacement, joint revision, orthopedic trauma, podiatry and sports medicine. For more information on Orthopedic Associates and its doctors, visit www.oastl.com or “like” Orthopedic Associates on Facebook.

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