

May is Mental Health Awareness Month



# STEPPING UP FOR *Mental Health*

Washington County Walk-A-Thon

**Date:** Saturday, May 7th, 2022

**Time:** 10:00 a.m. – 12:00 p.m.

**Location:** City of Chatom Park

104 Mitchell Ave. · Chatom, AL 36518



**Mental Health Resources, Snacks, and Water will be Provided.**

**Stepping Up Initiative Committee**

AltaPointe Health, Washington County Probate Judge Nick Williams, Washington County District Court, Washington County Pardons and Paroles, Washington County Sheriffs Office, Washington County Hospital, Washington County Commission, Local Police Departments, Washington County DHR

**For any questions, contact:**

Stepping Up Case Manager: Haley Dickey

AltaPointe Health Outpatient Programs · Phone (251) 277-9183 · Email [hdickey@altapointe.org](mailto:hdickey@altapointe.org)