



Protect your bond with your cat by **staying curious** about their urinary health!

The Human Animal Bond Research Institute (HABRI) and Royal Canin are bringing you trusted information on the importance of the human-cat bond, and ways to ensure you and your cat live healthy, happy lives together.

You love your cat, but did you know that the bond you share with them can improve your health? The human-cat bond has many health benefits, including:

SOCIAL SUPPORT

Cat ownership is positively associated with social contact and interaction

STRESS REDUCTION

Cat ownership is associated with lower resting baseline heart rate

HEALTHY AGING

Cats can help older adults maintain routines important for reducing depression

HEART HEALTH

Owning a cat is associated with a lower risk of death by heart attack or stroke

CHILD HEALTH & DEVELOPMENT

The calm, quiet demeanor of a cat can help children with Autism

Research shows that **house soiling** is the #1 reason that cats are relinquished to a shelter.

Yet, many cats presenting to veterinary clinics with lower urinary signs are diagnosed with a medical condition.

A healthy cat means a healthy human-animal bond. Misunderstanding your cat's behavior can jeopardize or even break your bond. So, if your cat is urinating outside the litter pan, don't assume it's behavioral. Stay curious about their urinary health and take them to the veterinarian.

STAY CURIOUS about feline urinary health

STAY CURIOUS about how you can monitor your cat's urinary health at home

STAY CURIOUS about the human-cat bond!

