



**FOR IMMEDIATE RELEASE**

**Renowned GI Dr. Sabine Hazan Speaks at Fisher Island Documenting Hope Event  
“Optimizing Your Family’s Health in the Age of Individualized Medicine.”**

**FISHER ISLAND, FL (February 27, 2023) – Dr. Sabine Hazan, MD** spoke to a large group of Fisher Island/Miami Beach residents at the private informational event called **“Optimizing Your Family’s Health in the Age of Individualized Medicine”** presented by **Documenting Hope**, a research program designed to help children heal from chronic health conditions. Dr. Hazan was joined by medical and scientific experts and speakers, including **Dr. Martha Herbert, Dr. Sharon Hausman Cohen** and **Dr. Heather Tallman Ruhm**. The event, hosted by **Mara and Dean Landis, Emily Chene, Sarah Feil Lewin** and **Kristy Rodriguez** was attended by local influencers, international models, fashion designers, corporate organizations and socialites.

The event was organized to raise awareness on the ways that modern diet and lifestyle can negatively impact our children’s health, and how simple changes can have profound positive effects on their development and overall wellness. Guest lecturers spoke about the latest cutting-edge research in gut/brain health and genomics and how these new findings are helping families optimize their health and longevity.

Thousands of dollars were raised at the event to support ongoing research programs and the families enrolled in them. The event was captured for an upcoming documentary covering Documenting Hope and its groundbreaking studies by filmmaker **Rob Herring** (The Need to Grow). A replay of the event lectures is available to Documenting Hope email subscribers (join free at the link below).

*“In 1980 the Autism rate was 1 in 2000. Now it’s 1 in 30 kids in some areas of the United States. It’s time to find answers for these kids and their parents. Unlocking the power of the microbiome is the future that could help Autism, and many other conditions. Progenabiome has the technology that will prove (2500 years later!) that Hippocrates was right - all disease begins in the gut!” - Dr. Sabine Hazan*

Dr. Hazan’s next public event, the **Malibu Microbiome Meeting** will be held on March 18, 2023. Access is limited, interested parties may sign up at <https://bit.ly/malibumm>.

**Dr. Sabine Hazan, MD** is a Physician, the CEO of **Progenabiome** and **Ventura Clinical Trials**, Co-founder of **Topelia Therapeutics**, leading expert on gut flora (Microbiome) and is on the forefront of medical research. She is a writer, editor, world-renowned speaker and published author. Her books “Let’s Talk Sh!t” and “Regenesi” have become go-to health guides. Dr. Hazan has published articles in numerous prestigious medical journals and is the Series Editor on the Microbiome for **Practical Gastroenterology** (a peer review journal that reaches 18,000 gastroenterologists.) She is also a speaker for the **World Congress of Digestive Disease, MAGI, Microbiome Congress, ILADS, International Drug Discovery Science and Technology Conference** and the **National Institute of Standards and Technology**. Dr. Hazan is a doctor of many firsts; finding whole genome sequencing of

