

FOR IMMEDIATE RELEASE

Renowned GI Dr. Sabine Hazan Speaks at Fisher Island Documenting Hope Event "Optimizing Your Family's Health in the Age of Individualized Medicine."

FISHER ISLAND, FL (February 27, 2023) – Dr. Sabine Hazan, MD spoke to a large group of Fisher Island/Miami Beach residents at the private informational event called "Optimizing Your Family's Health in the Age of Individualized Medicine" presented by Documenting Hope, a research program designed to help children heal from chronic health conditions. Dr. Hazan was joined by medical and scientific experts and speakers, including Dr. Martha Herbert, Dr. Sharon Hausman Cohen and Dr. Heather Tallman Ruhm. The event, hosted by Mara and Dean Landis, Emily Chene, Sarah Feil Lewin and Kristy Rodriguez was attended by local influencers, international models, fashion designers, corporate organizations and socialites.

The event was organized to raise awareness on the ways that modern diet and lifestyle can negatively impact our children's health, and how simple changes can have profound positive effects on their development and overall wellness. Guest lecturers spoke about the latest cutting-edge research in gut/brain health and genomics and how these new findings are helping families optimize their health and longevity.

Thousands of dollars were raised at the event to support ongoing research programs and the families enrolled in them. The event was captured for an upcoming documentary covering Documenting Hope and its groundbreaking studies by filmmaker **Rob Herring** (The Need to Grow). A replay of the event lectures is available to Documenting Hope email subscribers (join free at the link below).

"In 1980 the Autism rate was 1 in 2000. Now it's 1 in 30 kids in some areas of the United States. It's time to find answers for these kids and their parents. Unlocking the power of the microbiome is the future that could help Autism, and many other conditions. Progenabiome has the technology that will prove (2500 years later!) that Hippocrates was right - all disease begins in the gut!" - Dr. Sabine Hazan

Dr. Hazan's next public event, the **Malibu Microbiome Meeting** will be held on March 18, 2023. Access is limited, interested parties may sign up at https://bit.ly/malibumm.

Dr. Sabine Hazan, MD is a Physician, the CEO of **Progenabiome** and **Ventura Clinical Trials**, Co-founder of **Topelia Therapeutics**, leading expert on gut flora (Microbiome) and is on the forefront of medical research. She is a writer, editor, world-renowned speaker and published author. Her books "Let's Talk Sh!t" and "Regenesis" have become go-to health guides. Dr. Hazan has published articles in numerous prestigious medical journals and is the Series Editor on the Microbiome for **Practical Gastroenterology** (a peer review journal that reaches 18,000 gastroenterologists.) She is also a speaker for the **World Congress of Digestive Disease**, **MAGI**, **Microbiome Congress**, **ILADS**, **International Drug Discovery Science and Technology Conference** and the **National Institute of Standards and Technology**. Dr. Hazan is a doctor of many firsts; finding whole genome sequencing of

SARCOV2 in the stool¹, discovering a marker of susceptibility for COVID², and attaining improvement in one case of Alzheimer's post-fecal transplant³ to name just a few. Dr. Hazan's new podcast, "Let's Talk Sh!t" is scheduled to debut in Spring 2023 on the iHeart Radio App and other prominent outlets.

The **Microbiome Research Foundation**, a 501(c)(3) non-profit organization, is dedicated to helping patients with diseases of the gut flora (microbiome). Goals include spearheading and andvancing clinical microbiome research in diseases of the gut flora, discovering healing solutions and new treatment options, and giving hope and support to patients in need. Current research includes Acne, Alzheimer's, ALS, Anxiety, Autism, Bipolar Disorder, C.diff, Celiac Disease, Chronic Constipation, Chronic UTI, Colorectal Cancer, Crohn's, Depression, Diabetes Melitus, Eczema, Elevated Cholesterol, Epidermolysis Bullosa, Fatty Liver, Gout, IBS, Lupus, Lyme Disease, ME/CFS, Metastatic Mesothelioma, Migraines, MS, Obesity, OCD, Parkinson's, Psoriasis, Rheumatoid Arthritis, Skin Cancer and Ulcerative Colitis.

Readers are encouraged to visit <u>www.microbiomefoundation.com</u> for more information or to donate/sign up for mailing list.

Mara Landis is a passionate health & wellness advocate and perpetual student of all aspects of holistic living. Mara currently serves as a board member of Epidemic Answers, the non-profit organization overseeing Documenting Hope, dedicated to the prevention and reversal of chronic health and developmental conditions in children, and an active investor in wellness related businesses. She is the founder of Nutmeg Aspirin, a website for crowdsourcing alternative treatments and remedies. Mara served on the NY State Safe & Healthy Foods Advisory Council under Governor Cuomo and was an advisor to both Columbia University's Spirituality Mind Body Institute and The Vitality Project at Brown University, a research study looking at the effects of Qi Gong on post-chemo/radiation cancer patients as well as supporting efforts to bring mindfulness to doctors in training and the students at large. Mara graduated from Brown University and holds a JD from Cardozo School of Law.

The **Documenting Hope Project** is the cornerstone research program of **Epidemic Answers**, a 501(c)(3) nonprofit organization dedicated to the prevention and reversal of chronic health and developmental conditions in children. The project features an innovative and groundbreaking research program coupled with education, outreach, and media initiatives. Documenting Hope uses the tools of science and the power of media to document the impact of "Total Load" and explore how a community-based comprehensive collaborative care process can result in better health outcomes.

Parents and caretakers in households of any size are encouraged to visit http://www.documentinghope.com for more information or to donate/sign up for mailing list.

Links: Microbiome Foundation – www.microbiomefoundation.com

Progenabiome – www.progenabiome.com

Biome Boosters Natural Supplements for gut, immune and overall health – <u>www.biomeboosters.com</u>

Dr. Hazan's latest Book - https://amzn.to/3IL5730

Documenting Hope Project – www.documentinghope.com

Epidemic Answers – <u>www.epidemicanswers.org</u> Nutmeg Aspirin – <u>www.nutmegaspirin.com</u>

Malibu Microbiome Meeting - https://bit.ly/malibumm

Prominent Attendees: International models Emily Caillon Chene and Karolina Kurkova, Entrepreneur Archie Drury, Fashion

Designers Ashley Leimer, Laurie Spiro and Michael Petry, Pure Essentials, Gryph & IvyRose, Pregenabiome,

IntellxxDNA, Centner Academy, Sakara Life.

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¹ https://bit.ly/covbiome

² https://bit.ly/covmark

³ https://bit.ly/autipost