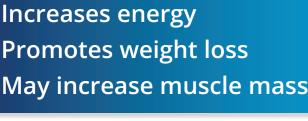


## Sugar Blocker

Beneficial for those with poor blood sugar control, weight gain, and those suffering from cardiovascular disease and poor energy levels.

Options Sugar Blocker is a supplement that aids in controlling blood glucose throughout the day and works to block sugar absorption in the digestive system. Sugar Blocker works to increase the body's utilization of sugars and helps to maintain stable blood glucose, decreasing insulin spikes. With blood sugar levels stable, you will experience less food cravings, sustainable energy, and weight loss when paired with a healthy diet and exercise.

Stabilizes blood sugar **Decreases food cravings Increases** energy **Promotes weight loss** May increase muscle mass



**How it works** 

Vanadium is the most active ingredient in Sugar Blocker and has been shown to have favorable health benefits for heart conditions, diabetes, and may assist fat burning by helping to regulate blood glucose, reduce sugar absorption, and increase satiety. In small doses, vanadium plays a role in weight loss by reducing sugar levels in the blood. It reduces blood glucose levels during periods of fasting as well as overall hepatic glucose production (HGP). Abnormal blood sugar is linked to obesity and can lead to low energy levels, hunger, cravings, weight gain, diabetes, and other health issues. Regulating blood sugar levels is crucial to losing weight and maintaining a healthy body. Vanadium minimizes glucose production, leading to decreased available levels, which may cut back the amount of sugar the body is able to store as fat, and it regulates and maintains insulin sensitivity in the body. Lower glucose levels may help with weight management by diminishing the desire to eat and may prevent the cultivation of unwanted fat cells overall.

Chromium is an essential trace element that enhances the effects of insulin and lowers blood sugar levels. Low chromium intake can cause an increase in blood sugar, triglycerides (a type of fat in the blood), and cholesterol levels, which can raise risks of heart disease, nerve damage, and other health complications. Chromium is also involved in the regulation of carbohydrate and lipid metabolism. It has been reported to increase lean body mass and decrease body fat percentage, leading to healthy muscle gain and weight loss. When paired with a healthy diet and exercise routine, chromium is a great tool that helps keep the body in a healthy state.

## How it's used

Sugar Blocker is a supplement that can be taken before a meal or as needed to stabilize blood sugar levels. It does not contain stimulants and is a safe solution for people with diabetes, pre-diabetes, or those looking to control blood sugar levels. Before use, talk to a medical provider if you have been diagnosed with Diabetes Mellitus, or take insulin or oral hypoglycemics.