

**FOR IMMEDIATE RELEASE**

## **Siberian Chaga Mushroom Tea Delivers Caffeine-Free Energy Boost Stronger Than Coffee!**

Los Angeles, June 2023 – Sayan, a leading Chaga Mushroom-based health and wellness supplement distributor, has developed an instant brewing Chaga Mushroom Tea as a ***caffeine-free coffee alternative***. Immediately dissolving in hot water, Chaga Extract Powder tea is not only healthier than coffee but provides a more potent, longer-lasting energy boost.

Americans drink an estimated 400 million cups of coffee per day. And while coffee drinkers claim to enjoy the bold flavor and daily ritual, it's no secret the caffeine jolt is their true motivation. Meanwhile, excessive caffeine intake contributes to hypertension, high blood pressure, kidney stones, migraines, and insomnia, among other ailments. Chaga Mushroom Tea is recognized for delivering a smooth, sustained energy boost, similar to coffee, but without the jitters or dreaded "caffeine crash."

In addition to gaining mainstream notoriety as a popular coffee substitute, Chaga Mushroom Tea is also:

- Rich in antioxidants that battle premature aging brought on by oxidation and free radicals.
- Contains beta-glucans, complex polysaccharides that help support healthy immune function.
- And brimming with essential minerals (that many people lack due to poor diet), including potassium, magnesium, and zinc, all of which are crucial to sustaining peak health and wellness.

Chaga mushrooms are a fungus that grows on birch trees in cold climates. And they've been used for centuries in homeopathic practices to fortify health and wellness. Sayan sustainably harvests wild Chaga from pristine Siberian birch tree forests, far from the pollution of civilization.

"Chaga Mushroom Tea is a game-changer for anyone looking to cut back on coffee," says David Vartanian, Sayan co-founder. "It also packs antioxidants, immune-supporting polysaccharides, and essential minerals into one delicious beverage. And we're thrilled to offer consumers this healthier, caffeine-free coffee alternative."

Buy Chaga Extract Powder tea online at SayanChaga.com. The extract powder dissolves instantly in hot water, making it easy to incorporate into your daily routine.

For more information about Chaga Mushroom Tea and its health benefits, SayanChaga.com

### About Sayan

Sayan Health is a top producer of wellness products, offering a range of all-natural Chaga Mushroom teas, powders, and capsule supplements. Founded in 2007, Sayan is dedicated to spreading Chaga mushrooms' unparalleled health and wellness benefits around the globe. For more information, please visit SayanChaga.com.

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